Kinesiology – Freshman Breakout Session

Applied Exercise Physiology
Basic Exercise Physiology
Dance Science
Motor Behavior
Kinesiology/Athletic Training
Physical Education Teacher Certification
Undergraduate Advising Office

• John R Blocker Building (BLOC)
  • 3rd Floor
  • Suite 328
• 979-845-4530
• Monday – Friday
  • 8:00AM-5:00PM
• HLKN Advisors
Paul Timoney
- Motor Behavior (MTB)
- Last Names A-E

Maria Blandon
- Motor Behavior (MTB)
- Last Names F-R

Kaitlyn Hiney
- Motor Behavior (MTB)
- Last Names S-Z

Kasey McCarthy
- Applied Exercise Physiology (AEP)
- Kinesiology(BS)/Athletic Training (MS) (ETR)

Kayla McGee
- Basic Exercise Physiology (BEP)
- Physical Education Teacher Certification (PEK)
- Dance Science (DSC), University Studies Dance (USEH-DAN), Dance Minor
Advising Packet

- Advising Syllabus
- Major’s Information
- Professional School Advising
Advising Syllabus

• Appointments
• Mandatory Advising
• Busy Times of the Year
• Email and Email Etiquette*
Appointments

SSC

• You can schedule appointments through SSC
• In Howdy, under My Record, Schedule Advising Appointment
• Can be made up to 1 week in advance.
• Must be made at least 24 hours in advance.
• Cancel or reschedule your appointment if you find you can’t make it.

Walk in Times

• Any changes will be addressed by your advisor:
• Mondays 1:30-4pm
• Fridays 8:30-11am
Mandatory Advising Meeting

- Schedule a meeting with your advisor
  - New students must attend a mandatory advising meeting with their advisor for important departmental requirements specific to their option

- You will receive an email in September with more information. **If you do not attend this meeting, you will be BLOCKED from registration for the next semester**
Busy Times of the Year

• Start/End of Semesters
• Deadlines
  • Professional Phase
  • Recap
  • Q-Drop
• Pre-Registration

Call the office if you have a time-sensitive issue/emergency

979-845-4530

Be sure to leave a voicemail message if it is after/before hours
Texas A&M University Email

Our official form of communication with you
  • Check daily!

**DO NOT** forward your A&M emails to your personal email address

Information to include in emails:
  • Name
  • UIN
  • Option (AEP, BEP, DSC, ETR, MTB, PEK)

Allow time for response
  • Depending on the time of the semester, there may be a delay in response. Generally it takes 24-48 hours for a response.
# Office of Professional School Advising

<table>
<thead>
<tr>
<th>Professional School</th>
<th>GPAs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nursing</td>
<td>3.40-3.80</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>3.50-3.70</td>
</tr>
<tr>
<td>Physician Assistant</td>
<td>3.20-3.50</td>
</tr>
<tr>
<td>Occupational Therapy</td>
<td>3.20-3.50</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>3.40-4.00</td>
</tr>
<tr>
<td>Medical</td>
<td>3.60-3.70</td>
</tr>
<tr>
<td>Dental</td>
<td>3.50-3.60</td>
</tr>
<tr>
<td>Law</td>
<td>3.00-4.00</td>
</tr>
</tbody>
</table>

*For the most up-to-date information, you can also contact the professional school that you are pursuing*

- Experts when it comes to Professional School
  - Admissions
  - Prerequisites
  - Entrance exams
- List serves
- Pre-professional student organizations
- Phone Number and Website
  - 979-847-8938
  - [http://opsa.tamu.edu/](http://opsa.tamu.edu/)
Degree Options
Kinesiology

• Exercise Science, Four Options – 120 credit hours
  • Applied Exercise Physiology (AEP)
  • Basic Exercise Physiology (BEP)
  • Motor Behavior (MTB)
  • Dance Science (DSC)

• Kinesiology/Athletic Training – 156 credit hours (including Masters)
  • B.S. Kinesiology/M.S. Athletic Training (ETR)

• Teacher Certification – 120 credit hours
  • Physical Education Teacher Certification (PEK)
Basic Exercise Physiology (BEP)

• Designed to allow students interested in Medical/Dental/Pharmacy school to complete the required science’s while still receiving a background in exercise science

• Very heavy concentration of science courses (51 hours)

• Students must take two sciences a semester to stay on track and graduate in this program
Applied Exercise Physiology (AEP)

• Designed to prepare students for a career in cardiac rehab or corporate/private fitness

• Can be used for admittance into Physical Therapy school by taking pre-requisites that are not built in
  • *If this is your plan let Kasey Know right away*

• Requires an Internship
  • Corporate/Private Fitness
  • Cardiac Rehab
  • Strength and Conditioning with high performing athletes
  • Physical Therapy
Motor Behavior (MTB)

- Prepares students for various professional school’s while receiving a background in exercise physiology

- Suitable option for students who want to pursue Physical Therapy, Physician’s Assistant, Occupational Therapy and others

- Students may also choose electives that will lead them to graduate school (Athletic Training & Motor Neuroscience)
B.S. Kinesiology/M.S. Athletic Training (ETR)

• Prepares students for a career in athletic training. Allows students to obtain a B.S. and M.S. in 5 years

• Students are admitted into Kinesiology, not the 5 year plan
  • This will be determined in year 3

• Hybrid Program
  • First 3 years complete B.S. in Kinesiology
  • Last 2 years complete M.S. in Athletic Training

• Requires 3.25 GPA for admissions into graduate program
Physical Education Teacher Certification (PEK)

- Students will graduate with Certification in P.E. (Grades K-12)
  - NOT for coaching college or professional athletes
- Built in classes to prepare student to take a second teaching certification exam
- Full semester of student teaching built into last semester at TAMU
- You are NOT able to build in the required pre-reqs to apply to professional school with this option
Dance Science (DSC)

• Offers students a cohesive view of dance health and wellness
• Prepares students to be employed by dance companies and dance training facilities throughout the world to devise effective training programs as well as advise dancers regarding nutrition and injury prevention/care.
• Requires audition for admission
- Physical Therapy
- Physician’s Assistant
- Occupational Therapy
- Graduate School
  Ath. Training or Motor Neuro

- Corp. Private Fitness
- Strength & Conditioning
- Cardiac Rehab
- Graduate School
  *Physical Therapy*

- MTB
  Motor Behavior

- AEP
  Applied Exercise Physiology

- BEP
  Basic Exercise Physiology

- PEK
  ETR
  DSC

- Medical
- Dental
- Pharmacy
- Physical Education Teacher Cert
  3+2 Masters
  Dance Science
New Student Acknowledgement

✓ DO NOT TEAR APART

✓ Complete Entire Form

✓ Select Option
  • AEP
  • BEP
  • DSC
  • ETR

✓ TAMU e-mail address
username@tamu.edu

✓ Turn in Now!
Degree Plan Packets
Degree Plan

- Catalog Number
- Writing Courses
- International and Cultural Diversity
- Core Curriculum
- Bold Courses/Shaded Box
- Professional Phase vs. Professional School
- Directed Electives/Free Electives
### Motor Behavior

**Catalog 140**

**This Guide is intended to assist in scheduling. Everything is subject to change.**

<table>
<thead>
<tr>
<th>COURSE</th>
<th>PRE-REQUISITE</th>
<th>CLASS</th>
<th>SUBSTITUTE</th>
<th>MAJOR</th>
<th>Supporting Information</th>
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</thead>
<tbody>
<tr>
<td>ENGL 104</td>
<td>ENGL 103</td>
<td>ENGL/COMM</td>
<td>Needed to apply to Professional Phase; Must have a “C” or better grade combination in ENGL 104 and ENGL/COMM course.</td>
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<tr>
<td>MATH 140/141</td>
<td>MATH 146</td>
<td>MATH 142</td>
<td>Needed to apply to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>MATH 131</td>
<td>MATH 142</td>
<td>MATH 143</td>
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<td>BIOL 111</td>
<td>BIOL 111</td>
<td>BIOL 107</td>
<td>Needed to apply to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>BIOL 112</td>
<td>BIOL 111</td>
<td>BIOL 107</td>
<td>Must make a “C” or better</td>
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<tr>
<td>CHEM 101/111</td>
<td>CHEM 101</td>
<td>CHEM 101</td>
<td>Must make a “C” or better</td>
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<tr>
<td>CHEM 102/112</td>
<td>CHEM 101</td>
<td>CHEM 102/112</td>
<td>Must make a “C” or better</td>
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<td>PHYS 201</td>
<td>PHYS 201</td>
<td>PHYS 202</td>
<td>Needed to apply to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>BIOL 319</td>
<td>BIOL 111/112</td>
<td>BIOL 319</td>
<td>Needed to apply to Professional Phase; Must make a “C” or better; Must be taken at Texas A&amp;M</td>
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<tr>
<td>BIOL 320</td>
<td>BIOL 119</td>
<td>BIOL 320</td>
<td>Needed to apply to Professional Phase; Must make a “C” or better; Must be taken at Texas A&amp;M</td>
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<tr>
<td><strong>HIST</strong></td>
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<td></td>
<td>See course catalog. Some courses may meet International &amp; Cultural Diversity requirements.</td>
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<td><strong>PHSY</strong></td>
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<td>See course catalog. Some courses may meet International &amp; Cultural Diversity requirements.</td>
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<td>POLS 206</td>
<td>NONE</td>
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<td>POLS 207</td>
<td>NONE</td>
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<td>PSYC 107</td>
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<td>See course catalog. Some courses may meet International &amp; Cultural Diversity requirements.</td>
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<td><strong>Creative Arts</strong></td>
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<td>See course catalog. Some courses may meet International &amp; Cultural Diversity requirements.</td>
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<tr>
<td>KINE 199</td>
<td></td>
<td></td>
<td>Must not take Pass/Fail (P/F). See General Rules for acceptable list. Must make a “C” or better; Must be taken at Texas A&amp;M.</td>
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<tr>
<td>KINE 199</td>
<td></td>
<td></td>
<td>Must not take Pass/Fail (P/F). See General Rules for acceptable list. Must make a “C” or better; Must be taken at Texas A&amp;M.</td>
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<tr>
<td>KINE 198</td>
<td></td>
<td></td>
<td>Must take Writing Intensive Section (section numbers starting with 900). Must not take Pass/Fail (P/F). Must make a “C” or better.</td>
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<tr>
<td>KINE 121</td>
<td></td>
<td>NONE</td>
<td>Needed to apply to Professional Phase; Must make a “C” or better; Must be taken at Texas A&amp;M</td>
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<tr>
<td>KINE 313</td>
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<td>Needed to apply to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>KINE 307</td>
<td>R/S</td>
<td>R/S</td>
<td>Must make a “C” or better</td>
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<tr>
<td>KINE 318</td>
<td>R/S</td>
<td>R/S</td>
<td>Must make a “C” or better</td>
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<tr>
<td>KINE 406</td>
<td>R/S</td>
<td>R/S</td>
<td>KINE</td>
<td>Must be accepted to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>KINE 426</td>
<td>R/S</td>
<td>R/S</td>
<td>KINE</td>
<td>Must be accepted to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>KINE 427</td>
<td>R/S</td>
<td>R/S</td>
<td>KINE</td>
<td>Must be accepted to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>KINE 433</td>
<td>R/S</td>
<td>R/S</td>
<td>KINE</td>
<td>Must be accepted to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>KINE 482+</td>
<td>R/S</td>
<td>R/S</td>
<td>KINE</td>
<td>Must be accepted to Professional Phase; Must make a “C” or better</td>
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<tr>
<td>PSYC 306</td>
<td>PSYC 107</td>
<td>R/S</td>
<td>Must make a “C” or better</td>
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</tr>
<tr>
<td>PSYC 307</td>
<td>PSYC 107</td>
<td>R/S</td>
<td>Must make a “C” or better</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOC 205</td>
<td></td>
<td></td>
<td>Must make a “C” or better</td>
<td></td>
<td></td>
</tr>
<tr>
<td>STAT 302</td>
<td>MATH 140/141</td>
<td>STAT 303</td>
<td>Must make a “C” or better</td>
<td></td>
<td></td>
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<tr>
<td>PD ELECTIVES - 15 HRS</td>
<td></td>
<td></td>
<td>Select from Directed Electives list on General Rules sheet. Must make a “C” or better</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Must satisfy Writing Course Requirement*

** Proper selection might also meet International and Cultural Diversity requirement - see course catalog and scul.tamu.edu

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**Atm**
General Rules

• Professional Phase Requirements

• KINE 199 Requirements
  • AEP Students – Must take Majors Aerobic Mvmt & Majors Resist Flex
  • BEP & MTB – Refer to list in degree plan packet

• Directed Electives (DE)

• Internship (AEP Only) / Student Teaching (PEK Only)

• Progress Towards Degree

• Undergraduate Degree Planner
Howdy Demonstration
Registration Packet
International and Cultural Diversity

- Required 6 hrs of International and Cultural Diversity
- Can choose a Lang, Phil, and Cult (LPC) and Creative Arts (CA) course that will allow you to fulfill those and your ICD requirement
- http://core.tamu.edu
Selecting Courses for Fall

- Use First Column of Flow Chart
- One or two bold classes
- 100 or 200 level courses
- Exercise Science – at least one science class
- CRN- Course Reference Number

*Summer admits must register for Summer before Fall*
Registration

✓ Arrive at 1:30 p.m., BLOCKER 130
  • do not enter room

✓ Registration begins at 2:00 p.m.

✓ Bring Advising Packet, Degree Plan Packet, Registration Instructions

✓ Have patience!

✓ Parents Meeting Blocker 105 at 2 p.m.
Blocker
Where registration will happen

Harrington Education Classroom
Where you are right now
REMIND is a communication tool that helps your advisor reach you with a quick text to instantly send updates, deadlines, and other pertinent information to you, all in real time. The updates will be short, simple reminders to stay on top of your degree requirements!

Side Note: You do not have to download the App to be able to get the texts.

In order to subscribe please text @hktamut to 81010
Have a Great Year!!!

Undergraduate Advising Office
Blocker Building Room 328
979.845.4530