**Exercise and Sports Science** is only available to students who have completed at least 12 hours at Texas A&M.

<table>
<thead>
<tr>
<th>Health Options</th>
<th>Kinesiology Options</th>
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<tbody>
<tr>
<td>• Allied Health (AHO)</td>
<td>• Applied Exercise Physiology (AEP)</td>
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<tr>
<td>• Community Health (CHO)</td>
<td>• Basic Exercise Physiology (BEP)</td>
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<tr>
<td>• School Health (SCH)</td>
<td>• Motor Behavior (MTB)</td>
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<td></td>
<td>• Exercise and Sports Science (EST)*</td>
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<td></td>
<td>• Physical Education Certification (PEK)</td>
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<td></td>
<td>• 3+2 Athletic Training (ETR)</td>
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<td>• Dance Science (DSC)</td>
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<tr>
<th>Sports Management Options</th>
<th>Minors</th>
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<tbody>
<tr>
<td>• Applied Sport Management (SPI)</td>
<td>• Coaching</td>
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<tr>
<td>• Interdisciplinary (SPN)</td>
<td>• Dance</td>
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<tr>
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<td>• Health</td>
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<td>• Sports Management</td>
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<th>University Studies Options</th>
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<tbody>
<tr>
<td>• Dance (DAN)</td>
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</table>
UNDERGRADUATE ADVISING STAFF

- Dr. Rhonda Rahn
  - Associate Department Head for Undergraduate Programs
- Paul Timoney
  - Assistant Director of Undergraduate Advising
- Kobi Sloane
  - Supervisor Undergraduate Advising
ADVISING ROLE

• Assist with major selection, navigating HLKN degree plans and exploring career goals

• Advise students regarding semester planning and university resources

• Advocate for students both individually and collectively by proposing solutions to departmental leadership
TRANSITION TO TEXAS A&M

• Challenging even for the very best students
• Student Responsibilities
• GPA
• Ask for help, especially at the first sign of difficulty
• Utilize your resources
IMPORTANT INFORMATION

Academic Rule 1.5.1

• Must to register for courses on degree plan
• Advisor can block, drop courses and register for courses on degree plan
• Talk with your Advisor if you are thinking about changing your major

Departmental Probation

• Results from failure to maintain minimum GPR for program
• Result of substandard performance in any given semester
• Failure to meet probation terms could result in dismissal from the Department of Health & Kinesiology
ACADEMIC RESOURCES

- Byrne Student Success Center
  - Workshops, Tutoring and Study Spaces
- Academic Success Center
  - Tutoring, Supplemental Instruction and Academic Coaching
- Student Counseling Services
  - Personal Counseling, Crisis Intervention and Workshops
- Career Center
  - Career Counseling, Professional School Advising and Job Search Prep
BREAKOUT SESSIONS

• Health:
  • Allied Health - AHO
  • School Health - SCH
  • Community Health - CHO

• Kinesiology:
  • Exercise Science - AEP, BEP, MTB
  • Physical Education - PEK
  • Dance Science - DSC

• Sports Management:
  • Applied Sport Management- SPI
  • Interdisciplinary - SPN
CONTACT US

📍 Blocker Building Suite 328
📞 (979) 845-4530
✉️ hlknadvising@tamu.edu

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