UNDERGRADUATE ADVISING OFFICE

• John R Blocker Building (BLOC)
  • 3rd Floor
  • Suite 328

• 979-845-4530

• HLKN Advisors
<table>
<thead>
<tr>
<th>KINESIOLOGY ADVISORS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Paul Timoney</strong></td>
</tr>
<tr>
<td>• Motor Behavior (MTB)</td>
</tr>
<tr>
<td>• Last Names A-E</td>
</tr>
<tr>
<td><strong>Maria Blandon</strong></td>
</tr>
<tr>
<td>• Motor Behavior (MTB)</td>
</tr>
<tr>
<td>• Last Names F-R</td>
</tr>
<tr>
<td><strong>Kaitlyn Hiney</strong></td>
</tr>
<tr>
<td>• Motor Behavior (MTB)</td>
</tr>
<tr>
<td>• Last Names S-Z</td>
</tr>
<tr>
<td><strong>Kasey McCarthy</strong></td>
</tr>
<tr>
<td>• Applied Exercise Physiology (AEP)</td>
</tr>
<tr>
<td>• Kinesiology(BS)/Athletic Training (MS) (ETR)</td>
</tr>
<tr>
<td>• Basic Exercise Physiology (BEP)</td>
</tr>
<tr>
<td><strong>Kayla McGee</strong></td>
</tr>
<tr>
<td>• Physical Education Teacher Certification (PEK)</td>
</tr>
<tr>
<td>• Dance Science (DSC), University Studies Dance (USEH-DAN), Dance Minor</td>
</tr>
</tbody>
</table>
DEGREE OPTIONS
KINESIOLOGY

- Exercise Science, Four Options – 120 credit hours
  - Applied Exercise Physiology (AEP)
  - Basic Exercise Physiology (BEP)
  - Motor Behavior (MTB)
  - Dance Science (DSC)

- Kinesiology/Athletic Training – 156 credit hours (including Masters)
  - B.S. Kinesiology/M.S. Athletic Training (ETR)

- Teacher Certification – 120 credit hours
  - Physical Education Teacher Certification (PEK)
APPLIED EXERCISE PHYSIOLOGY (AEP)

• Designed to prepare students for a career in cardiac rehab or corporate/private fitness

• Can be used for admittance into Physical Therapy school by taking pre-requisites that are not built in
  • If this is your plan let Kasey know right away

• Requires an Internship
  • Corporate/Private Fitness
  • Cardiac Rehab
  • Strength and Conditioning with high performing athletes
  • Physical Therapy
BASIC EXERCISE PHYSIOLOGY (BEP)

• Designed to allow students interested in Medical/Dental/Pharmacy school to complete the required science’s while still receiving a background in exercise science

• Very heavy concentration of science courses (51 hours)

• Students must take two sciences a semester to stay on track and graduate in this program
MOTOR BEHAVIOR (MTB)

• Prepares students for various professional school’s while receiving a background in exercise physiology

• Suitable option for students who want to pursue Physical Therapy, Physician’s Assistant, Occupational Therapy and others

• Students may also choose electives that will lead them to graduate school (Athletic Training & Motor Neuroscience)
B.S. KINESIOLOGY/M.S. ATHLETIC TRAINING (ETR)

• Prepares students for a career in athletic training. Allows students to obtain a B.S. and M.S. in 5 years

• Students are admitted into Kinesiology, not the 5 year plan
  • This will be determined in year 3

• Hybrid Program
  • First 3 years complete B.S. in Kinesiology
  • Last 2 years complete M.S. in Athletic Training

• Requires 3.25 GPA for admissions into graduate program
PHYSICAL EDUCATION TEACHER CERTIFICATION (PEK)

- Students will graduate with Certification in P.E. (Grades K-12)
  - NOT for coaching college or professional athletes
- Built in classes to prepare student to take a second teaching certification exam
- Full semester of student teaching built into last semester at TAMU
- You are NOT able to build in the required pre-reqs to apply to professional school with this option
DANCE SCIENCE (DSC)

• Focuses on dance anatomy, injury prevention and psychological aspects of the dancer, and proper biomechanical principles within dance technique.

• Students will use 18 hours of electives to pursue one of three routes:
  • Professional Dance
  • Professional School (PT)
  • 6-12 Teacher Certification (extra classes beyond 120 hours required)

• Requires audition for admission
STUDENT INTAKE FORM

• Complete Entire Form
• Major: KINE
• Select Option
  • AEP
  • BEP
  • DSC
  • ETR
  • MTB
  • PEK
• Cell Phone Number
• Career/Professional School
• Check any AP or Dual Credit Courses
- Physical Therapy
- Physician’s Assistant
- Occupational Therapy
- Graduate School
  Ath. Training or Motor Neuro

- Corp. Private Fitness
- Strength & Conditioning
- Cardiac Rehab
- Graduate School
  Physical Therapy*

MTB
Motor Behavior

AEP
Applied Exercise Physiology

BEP
Basic Exercise Physiology

PEK
ETR
DSC

- Medical
- Dental
- Pharmacy
- Physical Education
  Teacher Cert
- 3+2 Masters
- Dance Science
DEGREE PLAN PACKETS
DEGREE PLAN

- University Graduation Requirements
- Writing Courses
- ICD & CD
- Foreign Language

- Degree Plan Requirements
- Core Curriculum
- Bold and Shaded Coursework
- Professional Phase vs. Professional School
- Directed Electives/Free Electives
- Additional Information Below
<table>
<thead>
<tr>
<th>COURSE</th>
<th>PREREQUISITE</th>
<th>CLASS</th>
<th>SUBSTITUTE</th>
<th>MEN GRADE</th>
<th>Detailed Information</th>
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<tbody>
<tr>
<td>ENGL 103</td>
<td>ENGL 102</td>
<td>U-12</td>
<td>ENGL 103</td>
<td>C</td>
<td>Select from AC combination - needed to apply to Professional Phase. Must take PSYC 203 or 204, or STAT 202 or 203. 102/103/104/105 recommended.</td>
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<tr>
<td>MATH 141 or 141</td>
<td>MATH 140</td>
<td>U-12</td>
<td>MATH 141, 151, 153</td>
<td>C</td>
<td>Needed to apply to Professional Phase. Must take MATH 141 or 142 or 151 or 152 to pass.</td>
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<tr>
<td>CHEM 119</td>
<td>CHEM 119</td>
<td>U-12</td>
<td>CHEM 119</td>
<td>C</td>
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<tr>
<td>PHYS 201</td>
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<td>U-12</td>
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<tr>
<td>STAT 202</td>
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<td>U-12</td>
<td>STAT 202</td>
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<tr>
<td>PSYC 107</td>
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<td>U-12</td>
<td>PSYC 107</td>
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<tr>
<td>PSYC 301</td>
<td>PSYC 301</td>
<td>U-12</td>
<td>PSYC 301</td>
<td>C</td>
<td>Needed to apply to Professional Phase.</td>
</tr>
</tbody>
</table>

**Important Notes:**
- **Preparations:**
  - MATH 141 or 141 is needed to apply to Professional Phase.
  - CHEM 119 is needed to apply to Professional Phase.
  - PHYS 201 is needed to apply to Professional Phase.
  - STAT 202 is needed to apply to Professional Phase.
  - PSYC 107 is needed to apply to Professional Phase.
  - PSYC 301 is needed to apply to Professional Phase.

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**Courses Requirements:**
- Must be accepted to Professional Phase.
- Must take with or before KINE 405.
- Writing Intensive Course.
- Cannot take both PSYC 2214 and PSYC 207 to count towards degree or PSYC minor.

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**Course Requirements:**
- Select from Directed Electives list on General Rules Sheet.
- Work with OPSA to determine specific prereqs needed for admission to professional school.
GENERAL RULES

• Professional Phase Requirements

• Directed Electives
  • AEP, BEP, MTB – Refer to list in degree plan packet, hours vary by option
  • DSC – Choose 18 hours electives from list based on your path
  • PEK – Support Field Elec., choose all 9 hours from one area

• KINE 199 Requirements
  • AEP Students – Must take Majors Aerobic Mvmt & Majors Resist Flex
  • BEP & MTB – Refer to list in degree plan packet
  • DSC – None (Take KINE 120 as Pilates only)
  • PEK – Must Take Majors Only KINE 199 courses
GENERAL RULES

• Progress Towards Degree
  • Student Rule 1.5.1

• Undergraduate Degree Planner

• Requirements for Internship/Student Teaching
  • AEP and PEK Only

• Requirements for Graduation

• Flow Chart/Graduation Layout
  • AEP, BEP, MTB, PEK

• DSC Only – Residency Worksheet
RESOURCE PACKET

- Advising
- Syllabus
- Major
- Information
- Professional
- School
- Advising
- Registration
- Instructions
ADVISING SYLLABUS

- Appointments
- Mandatory Advising
- Busy Times of the Year
- Email and Email Etiquette*
- Student Rules 61
TExAS A&M UNIVERSITY EMAIL

Our official form of communication with you
  • Check daily

**DO NOT** forward your A&M emails to your personal email address

Information to include in emails:
  • Name
  • UIN
  • Option (AEP, BEP, ETR, DSC, MTB, PEK)

Allow time for response
  • Depending on the time of the semester, there may be a delay in response. Generally it takes 24-48 hours for a response.
PROFESSIONAL SCHOOL ADVISING (PSA)

- Experts when it comes to Professional School
  - Admissions
  - Prerequisites
  - Entrance exams
- List-serves
- Pre-professional student organizations
- Phone Number and Website
  - 979-847-8938
  - [http://careercenter.tamu.edu/](http://careercenter.tamu.edu/)
  - Resources

<table>
<thead>
<tr>
<th>Professional School</th>
<th>GPAs</th>
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</thead>
<tbody>
<tr>
<td>Nursing</td>
<td>3.40-3.80</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>3.50-3.70</td>
</tr>
<tr>
<td>Physician Assistant</td>
<td>3.20-3.50</td>
</tr>
<tr>
<td>Occupational Therapy</td>
<td>3.20-3.50</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>3.40-4.00</td>
</tr>
<tr>
<td>Medical</td>
<td>3.60-3.70</td>
</tr>
<tr>
<td>Dental</td>
<td>3.50-3.60</td>
</tr>
<tr>
<td>Law</td>
<td>3.00-4.00</td>
</tr>
</tbody>
</table>
HOWDY DEMONSTRATION
REGISTRATION
SELECTING COURSES

• Use Flow Chart (see degree plan packet)
  • DSC – See Kayla at the end

• One or two bold classes

• 100 or 200 level courses

• Schedule at least one science class & plan around it

• CRN- Course Reference Number

*Summer admits must register for Summer before Fall
REGISTRATION INFORMATION

• Arrive at 2:00 p.m., BLOCKER 130
  • do not enter room

• Registration begins at 2:30 p.m.

• Bring ALL materials provided to you:
  • Resource Packet
  • Degree Plan Packet

• Have patience!

• Parents Meeting Blocker 302 at 2:00 p.m.
FIRST YEAR EXPERIENCES

- Learning Communities
  - Lohman Learning Communities
    - Reveille – HLTH/KINE majors
    - Requirement for Regents Scholars
  - Transforming Lives Learning Community
    - Students admitted based on availability

- HLKN L.E.A.D.S
  - Program lead by HLKN advisors for 1st semester HLKN students
  - Learn more about your degree plan, course registration, & how to be successful in your first year
  - Meet other students from within your major and the department
Reminders, seat releases, updates, and more!
Looking to save time?

DOWNLOAD NAVIGATE STUDENT

- Quickly Schedule Advising Appointments
- View Class Schedule
- See upcoming To-Do's
- Receive alerts on Holds
- Find Resources
- Explore Majors
- Add personal Reminders
- And much more!

Scheduling your appointments just got easier

NAVIGATE

TEXAS A&M UNIVERSITY
Office for Student Success
CONTACT US

Blocker Building Suite 328
(979) 845-4530
hlknadvising@tamu.edu

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