UNDERGRADUATE ADVISING OFFICE

• John R Blocker Building (BLOC)
  • 3rd Floor
  • Suite 328

• 979-845-4530

• HLKN Advisors
KINESIOLOGY ADVISORS

Paul Timoney
- Motor Behavior (MTB)
- Last Names A-E

Maria Blandon
- Motor Behavior (MTB)
- Last Names F-R

Kaitlyn Hiney
- Motor Behavior (MTB)
- Last Names S-Z

Kasey McCarthy
- Applied Exercise Physiology (AEP)
- Kinesiology(BS)/Athletic Training (MS) (ETR)
- Basic Exercise Physiology (BEP)

Kayla McGee
- Physical Education Teacher Certification (PEK)
- Dance Science (DSC), University Studies Dance (USEH-DAN), Dance Minor
DEGREE OPTIONS
KINESIOLOGY

• Exercise Science, Four Options – 120 credit hours
  • Applied Exercise Physiology (AEP)
  • Basic Exercise Physiology (BEP)
  • Motor Behavior (MTB)
  • Dance Science (DSC)

• Teacher Certification – 120 credit hours
  • Physical Education Teacher Certification (PEK)
APPLIED EXERCISE PHYSIOLOGY (AEP)

- Designed to prepare students for a career in cardiac rehab or corporate/private fitness

- Can be used for admittance into Physical Therapy school by taking pre-requisites that are not built in
  - *If this is your plan let Kasey know right away*

- Requires an Internship
  - Corporate/Private Fitness
  - Cardiac Rehab
  - Strength and Conditioning with high performing athletes
  - Physical Therapy
BASIC EXERCISE PHYSIOLOGY (BEP)

• Designed to allow students interested in Medical/Dental/Pharmacy school to complete the required science’s while still receiving a background in exercise science

• Very heavy concentration of science courses (51 hours)

• Students must take two sciences a semester to stay on track and graduate in this program
MOTOR BEHAVIOR (MTB)

• Prepares students for various professional school’s while receiving a background in exercise physiology

• Suitable option for students who want to pursue Physical Therapy, Physician’s Assistant, Occupational Therapy and others

• Students may also choose electives that will lead them to graduate school (Athletic Training & Motor Neuroscience)
PHYSICAL EDUCATION TEACHER CERTIFICATION (PEK)

- Students will graduate with Certification in P.E. (Grades K-12)
  - NOT for coaching college or professional athletes
- Built in classes to prepare student to take a second teaching certification exam
- Full semester of student teaching built into last semester at TAMU
- You are NOT able to build in the required pre-reqs to apply to professional school with this option
DANCE SCIENCE (DSC)

- Focuses on dance anatomy, injury prevention and psychological aspects of the dancer, and proper biomechanical principles within dance technique.
- Students will use 18 hours of electives to pursue one of three routes:
  - Professional Dance
  - Professional School (PT)
  - 6-12 Teacher Certification (extra classes beyond 120 hours required)
- Requires audition for admission
STUDENT INTAKE FORM

• Complete Entire Form
• Major: KINE
• Select Option
  • AEP
  • BEP
  • DSC
  • MTB
  • PEK
• Cell Phone Number
• Career/Professional School
- Physical Education
- Physician’s Assistant
- Occupational Therapy
- Graduate School: Ath. Training or Motor Neuro

MTB
Motor Behavior

AEP
Applied Exercise Physiology

BEP
Basic Exercise Physiology

PEK
- Physical Education Teacher Cert
- 3+2 Masters
- Dance Science

ETR
DSC
- Corp. Private Fitness
- Strength & Conditioning
- Cardiac Rehab
- Graduate School
- Physical Therapy*
DEGREE PLAN PACKETS
DEGREE PLAN

- University Graduation Requirements
- Writing Courses
- ICD & CD
- Foreign Language

- Degree Plan Requirements
  - Core Curriculum
  - Bold and Shaded Coursework
  - Professional Phase vs. Professional School
  - Directed Electives/Free Electives
  - Additional Information Below
<table>
<thead>
<tr>
<th>COURSE</th>
<th>PREREQUISITE</th>
<th>CLASS</th>
<th>SUBSTITUTE</th>
<th>MIN GRADE</th>
<th>Detailed Information</th>
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<tbody>
<tr>
<td>ENGL 145 or 141</td>
<td>U1-12</td>
<td>ENGL 103</td>
<td>Select from A or C combination</td>
<td>Needed to apply to Professional Phase; Must take one or two at TAMU; otherwise one will have to transfer this course in after admission to Professional Phase.</td>
<td></td>
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<tr>
<td>MATH 140</td>
<td>MATH 140</td>
<td>U1-124</td>
<td>MATH 140</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Certain TAMU MPE scores can be used as the pre-req. See Math dept. for details.</td>
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<tr>
<td>BIOL 111</td>
<td>BIOL 111</td>
<td>U1-124</td>
<td>NONE</td>
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<td>Needed to apply to Professional Phase</td>
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<tr>
<td>BIOL 122</td>
<td>BIOL 111</td>
<td>U1-124</td>
<td>BIOL 107</td>
<td>C</td>
<td>Needed to apply to Professional Phase</td>
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<tr>
<td>CHEM 119</td>
<td>CHEM 119</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase</td>
</tr>
<tr>
<td>PHYS 201</td>
<td>PHYS 201</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase</td>
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<tr>
<td>PSY 320</td>
<td>PSY 201</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
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<tr>
<td>PSY 320</td>
<td>BIOL 111 or 112 or 107</td>
<td>U1-124</td>
<td>NONE</td>
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<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
</tr>
<tr>
<td>PSY 330</td>
<td>BIOL 111 or 112 or 107</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
</tr>
<tr>
<td>PSY 340</td>
<td>BIOL 111 or 112 or 107</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
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<tr>
<td>PSY 340</td>
<td>BIOL 111 or 112 or 107</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
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<tr>
<td>PSY 340</td>
<td>BIOL 111 or 112 or 107</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
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<tr>
<td>PSY 340</td>
<td>BIOL 111 or 112 or 107</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
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<tr>
<td>KINE 109</td>
<td></td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
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<tr>
<td>*Creative Arts Elective</td>
<td></td>
<td>U1-124</td>
<td>D</td>
<td>C</td>
<td>See core techs edu</td>
</tr>
<tr>
<td>**Language, Phil &amp; Culture Elective</td>
<td></td>
<td>U1-124</td>
<td>D</td>
<td>C</td>
<td>See core techs edu</td>
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<tr>
<td>KINE 199</td>
<td></td>
<td>U1-124</td>
<td>C</td>
<td>C</td>
<td>Must not take Pass/Fail (S/U). Aerobic Requirement - See General Rules for list; Must be taken at Texas A&amp;M</td>
</tr>
<tr>
<td>KINE 199</td>
<td></td>
<td>U1-124</td>
<td>D</td>
<td>C</td>
<td>Must not take Pass/Fail (S/U). Aerobic Requirement - See General Rules for list; Must be taken at Texas A&amp;M</td>
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<tr>
<td>KINE 213</td>
<td></td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</td>
</tr>
<tr>
<td>KINE 407</td>
<td></td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td>Needed to apply to Professional Phase;</td>
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<tr>
<td>KINE 418</td>
<td>BIOL 319</td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
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</tr>
<tr>
<td>KINE 208</td>
<td>Admission to Pro Phase</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Must be accepted to Professional Phase</td>
</tr>
<tr>
<td>KINE 209</td>
<td>Admission to Pro Phase</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Must be accepted to Professional Phase; Must take with or before KINE 405, Writing Intensive Course</td>
</tr>
<tr>
<td>KINE 210</td>
<td>Admission to Pro Phase</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Must be accepted to Professional Phase; Must take with or before KINE 405, Writing Intensive Course</td>
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<tr>
<td>KINE 227</td>
<td>Admission to Pro Phase</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Must be accepted to Professional Phase</td>
</tr>
<tr>
<td>KINE 433</td>
<td>Admission to Pro Phase</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Must be accepted to Professional Phase</td>
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<tr>
<td>KINE 435</td>
<td>Admission to Pro Phase</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Must be accepted to Professional Phase; Must take with or before KINE 433, Writing Intensive Course</td>
</tr>
<tr>
<td>PSY 306</td>
<td>PSY 107</td>
<td>U1-34</td>
<td>NONE</td>
<td>C</td>
<td>Cannot take both PSYC 2114 and PSYC 207 to count towards degree or PSYC minor</td>
</tr>
<tr>
<td>PSY 307</td>
<td>PSY 107</td>
<td>U1-34</td>
<td>PSYC 3114</td>
<td>C</td>
<td></td>
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<tr>
<td>SOCI 205</td>
<td></td>
<td>U1-124</td>
<td>NONE</td>
<td>C</td>
<td></td>
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<tr>
<td>STAT 302</td>
<td>MATH 140 or 141</td>
<td>U1-124</td>
<td>STAT 250</td>
<td>C</td>
<td>Select from Directed Electives list on General Rules sheet. Work with OGPSA to determine specific prereqs needed for admission to professional school. See core techs edu</td>
</tr>
</tbody>
</table>

* Writing Course Requirement

** Proper selection might also meet International Cultural Diversity and Cultural Discourse requirement. - see core techs edu
GENERAL RULES

• Professional Phase Requirements

• Directed Electives
  • AEP, BEP, MTB – Refer to list in degree plan packet, hours vary by option
  • DSC – Choose 18 hours electives from list based on your path
  • PEK – Support Field Elec., choose all 9 hours from one area

• KINE 199 Requirements
  • AEP Students – Must take Majors Aerobic Mvmt & Majors Resist Flex
  • BEP & MTB – Refer to list in degree plan packet
  • DSC – None (Take KINE 120 as Pilates only)
  • PEK – Must Take Majors Only KINE 199 courses
GENERAL RULES

• Progress Towards Degree
  • Student Rule 1.5.1

• Undergraduate Degree Planner

• Requirements for Internship/Student Teaching
  • AEP and PEK Only

• Requirements for Graduation

• Flow Chart/Graduation Layout
  • AEP, BEP. MTB, PEK

• DSC Only – Residency Worksheet
RESOURCES PACKET

- Advising Syllabus
- Major Information
- Professional School Advising
- Registration Instructions
ADVISING SYLLABUS

• Appointments
• Mandatory Advising
• Busy Times of the Year
• Email and Email Etiquette*
• Student Rules 61
TExAS A&M UnIvERSITy EMAIl

Our official form of communication with you
  • Check daily

Do Not forward your A&M emails to your personal email address

Information to include in emails:
  • Name
  • UIN
  • Option (AEP, BEP, ETR, DSC, MTB, PEK)

Allow time for response
  • Depending on the time of the semester, there may be a delay in response. Generally it takes 24-48 hours for a response.
PROFESSIONAL SCHOOL ADVISING (PSA)

- Experts when it comes to Professional School
  - Admissions
  - Prerequisites
  - Entrance exams
- List-serves
- Pre-professional student organizations
- Phone Number and Website
  - 979-847-8938
  - [http://careercenter.tamu.edu/](http://careercenter.tamu.edu/)
  - Resources

### GPAs

<table>
<thead>
<tr>
<th>Professional School</th>
<th>GPAs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nursing</td>
<td>3.40-3.80</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>3.50-3.70</td>
</tr>
<tr>
<td>Physician Assistant</td>
<td>3.20-3.50</td>
</tr>
<tr>
<td>Occupational Therapy</td>
<td>3.20-3.50</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>3.40-4.00</td>
</tr>
<tr>
<td>Medical</td>
<td>3.60-3.70</td>
</tr>
<tr>
<td>Dental</td>
<td>3.50-3.60</td>
</tr>
<tr>
<td>Law</td>
<td>3.00-4.00</td>
</tr>
</tbody>
</table>
REGISTRATION
SELECTING COURSES

• Use Flow Chart (see degree plan packet)
  • DSC – See Kayla at the end

• One or two bold classes not completed

• Schedule at least one science class & plan around it

• CRN- Course Reference Number

*Summer admits must register for Summer before Fall
REGISTRATION INFORMATION

• Arrive at 1:30 p.m., BLOCKER 130
  • do not enter room

• Registration begins at 2:00 p.m.

• Bring ALL materials provided to you:
  • Resource Packet
  • Degree Plan Packet

• Have patience!

• Parents Meeting Blocker 302 at 1:30 p.m.
Text @kinetamu to 81010

@HLKN_Advising

Reminders, seat releases, updates, and more!

ATM
Looking to save time?

DOWNLOAD NAVIGATE STUDENT

- Quickly Schedule Advising Appointments
- View Class Schedule
- See upcoming To-Do's
- Receive alerts on Holds
- Find Resources
- Explore Majors
- Add personal Reminders
- And much more!

Scheduling your appointments just got easier

TEXAS A&M UNIVERSITY
Office for Student Success