



# **Kinesiology Degree Plan Options**



TEXAS A&M UNIVERSITY

School of Education &  
Human Development

# TAMU NSC DAY 2 ROADMAP

- NOW: KINE Breakout Presentation
  - Discuss Kinesiology degree plans, information, requirements, and expectations
  - Discuss any questions/concerns regarding the KINE program at TAMU
  - Discuss any questions/concerns regarding transfer credits and courses you will register for, alternative majors, options, etc.
- NEXT: LUNCH
  - Break for lunch
  - Use time to prepare for registration process this afternoon (address holds/registration readiness, etc.)
- 1:15pm: FINAL REGISTRATION PREPARATION (students only)
- 2:00pm: TRANSFER REGISTRATION BEGINS (students only)
- 2:00pm: FRESHMAN REGISTRATION BEGINS (students only)
- 2:30pm: FAMILY MEETING
- Once you have registered for the Spring 2023 semester, your schedule will be reviewed, and you will be dismissed upon completion.

# KINESIOLOGY ADVISORS

**Kayla McGee**

- Basic Exercise Physiology (BEP)

**Kasey McCarthy**

- Applied Exercise Physiology (AEP)
- Combined Bachelor of Science in Kinesiology/Master in Athletic Training (ETR)

**Frances Fuller**

- Exercise and Sport Science
- Motor Behavior (MTB)
- Last Names T-Z

**Charles  
Hegemeyer**

- Motor Behavior (MTB)
- Last Names A-J

**Matthew  
Hagemann**

- Motor Behavior (MTB)
- Last Names K-S



- Physical Therapy
- Physician Assistant
- Occupational Therapy
- Graduate School Training or Motor Neuro

**MTB**  
Motor  
Behavior

- Corporate Private Fitness
- Strength & Conditioning
- Cardiac Rehab
- Graduate School

**AEP**  
Applied  
Exercise  
Physiology

- Medical
- Dental
- Pharmacy

**BEP**  
Basic  
Exercise  
Physiology

**EST**

- Exercise & Sport Science (Transfers only)



# WHAT DOES THE WRITING ON MY DEGREE PLAN MEAN?

- **CR** or **TCR**: received credit from AP exam
- **CR** or **TCR**: Indicates you stated you received credit from AP exam but is not yet in Howdy
- **T**: class was transferred to A&M
- **T**: Indicates a class that you transferred to A&M but is not yet in Howdy
- Courses denoted by a handwritten \* are courses recommended for your next semester





# DEGREE PLAN PACKETS



# DEGREE PLAN

- University Graduation Requirements
  - Writing Courses
  - ICD & CD
  - Foreign Language
- Degree Plan Requirements
  - Core Curriculum
  - Bold and Shaded Coursework
  - Directed Electives/Free Electives
  - Additional Information Below
- Catalog Number = Entry Year
  - (i.e., 202231)

**TEXAS A&M UNIVERSITY**  
**B.S. DEGREE PLAN IN KINESIOLOGY - EXERCISE SCIENCE**  
**MOTOR BEHAVIOR (MTB)**

STUDENT \_\_\_\_\_ UIN# \_\_\_\_\_  
 (Last) (First) (MI)

Writing Requirements: KINE 407 & KINE 435 Foreign Language: (2 yrs HS or 2 semesters University) \_\_\_\_\_

International Cultural Diversity (3) \_\_\_\_\_ Cultural Discourse (3) \_\_\_\_\_ Phone Number \_\_\_\_\_

COURSE #	HRS	GRD	COURSE #	HRS	GRD
<b>ENGLISH &amp; SPEECH (6)</b>			<b>KINESIOLOGY (27)</b>		
ENGL 103 or 104 - Comp & Rhetoric	3		KINE 199 #*Strength Training	1	
ENGL 210 or COMM 203*	3		KINE 199 #*Aerobic	1	
<b>MATH (6)</b>			KINE 121# - Phys & Motor Fitt Assess	2	
MATH 140 - Business & Social Sci.	3		KINE 213 - Foundations of Kinesiology	3	
MATH 142 - Business Calculus	3		KINE 307 - Lifespan Motor Dev	3	
<b>SCIENCE (32)</b>			KINE 318 - Athletic Injuries	3	
BIOL 111 - Introductory Biology I	4		KINE 406 - Motor Learning & Skill Perf	3	
BIOL 112 - Introductory Biology II	4		KINE 407 - Motor Learning Lab +	1	
CHEM 119 - Fund of Chemistry I	4		KINE 426 - Exercise Biomechanics	4	
CHEM 120 - Fund of Chemistry II	4		KINE 427 - Therapeutic Principles	3	
PHYS 201 - College Physics I	4		KINE 433 - Exercise Physiology	3	
PHYS 202 - College Physics II	4		KINE 435 - Physiology of Exercise Lab +	1	
BIOL 319# - Integ Hum Anat & Phys I	4				
BIOL 320# - Integ Hum Anat & Phys II	4				
<b>LANGUAGE, PHIL &amp; CULTURE (3)*</b>			<b>PROFESSIONAL DEVELOPMENT (27)</b>		
	3		PBSI 306 - Abnormal Psychology	3	
<b>CREATIVE ARTS (3)*</b>			PBSI 307 - Developmental Psychology	3	
	3		SOCI 205 - Intro to Sociology	3	
<b>SOCIAL SCIENCE (3)</b>			STAT 302 - Statistical Methods	3	
PBSI 107 - Intro to Psychology	3		*Prof Dev ELECTIVE	3	
<b>CITIZENSHIP (12)</b>			*Prof Dev ELECTIVE	3	
HIST*	3		*Prof Dev ELECTIVE	3	
HIST*	3		*Prof Dev ELECTIVE	3	
POLS 206 - American National Govt	3		*Prof Dev ELECTIVE	3	
POLS 207 - State and Local Govt	3				

**Important Information:**  
**BOLD** courses indicate prerequisite classes that **MUST** be taken before the **Shaded** KINE courses.  
 \*Refer to [core.tamu.edu](https://core.tamu.edu) to select courses to satisfy the University Core Curriculum. Proper selection of courses might meet ICD or CD requirements.  
 \*See General Rules and Curriculum spreadsheet for list of acceptable courses.  
 \*These courses must be taken at Texas A&M University.  
 \*KINE 407 and 435 will fulfill the University Core Curriculum Writing Requirement; Must be taken with or after corresponding lecture.

STUDENT \_\_\_\_\_ DATE \_\_\_\_\_ MINIMUM HOURS REQUIRED: 120  
 ADVISOR \_\_\_\_\_ DATE \_\_\_\_\_ PROPOSED GRAD. DATE: \_\_\_\_\_

Catalog 202231



# SPREADSHEET

## Motor Behavior Catalog 202131

THIS GUIDE IS INTENDED TO ASSIST IN SCHEDULING. EVERYTHING IS SUBJECT TO CHANGE.					
COURSE	PRE-REQUISITE	CLASS	SUBSTITUTE	MIN GRADE	Detailed Information
ENGL 104		U1-U2	ENGL 103	C	Must take as U1 or U2 at TAMU, otherwise you will have to transfer this course in
ENGL/COMM		U1-U4		C	Choose from ENGL 210 or COMM 203*, 205, 243. *PT School Recommended
MATH 140		U1-U4	MATH 148, 152, 168, 172	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
MATH 142	MATH 140	U1-U4	MATH 147, 151, 171	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Certain TAMU MPE scores can be used as pre-req. See Math dept. for details
BIOL 111		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
BIOL 112	BIOL 111	U1-U4	BIOL 107	C	
CHEM 119		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
CHEM 120	CHEM 119	U1-U4	NONE	C	
PHYS 201		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
PHYS 202	PHYS 201	U1-U4	NONE	C	
BIOL 319	BIOL 111 & 112 or 107	U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Must be taken at Texas A&M
BIOL 320	BIOL 319	U1-U4	NONE	C	Prerequisite course for KINE 426, 427, 433, & 435; Must be taken at Texas A&M
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
POLS 206		U1-U4	NONE	D	
POLS 207		U1-U4	NONE	D	
PSYC 107		U1-U4	NONE	C	
**Creative Arts Elective		U1-U4		D	See core.tamu.edu; Some courses may also meet International Cultural Diversity or Cultural Discourse requirements
**Language, Phil & Culture Elective		U1-U4		D	See core.tamu.edu; Some courses may also meet International Cultural Diversity or Cultural Discourse requirements
KINE 199		U1-U4	NONE	C	Must not take Pass/Fail (S/U). Aerobic Requirement - See General Rule's for list; Must be taken at Texas A&M
KINE 199		U1-U4	NONE	C	Must not take Pass/Fail (S/U). Strength Training Req - See General Rule's for list; Must be taken at Texas A&M
KINE 121		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Must be taken at Texas A&M
KINE 213		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
KINE 307		U3-U4	NONE	C	
KINE 318	BIOL 319	U3-U4	NONE	C	
KINE 406	Bolded Courses except BIOL 320	U3-U4	NONE	C	Must have completed prerequisites to take; Can take with or after BIOL 320, all other bolded courses must be complete before
KINE 407+	With or after KINE 406	U3-U4	NONE	C	Must have completed prerequisites to take; Must take with or after KINE 406; Writing Intensive Course
KINE 426	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 427	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 433	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 435+	Bolded Courses & KINE 433	U3-U4	NONE	C	Must have completed prerequisites to take; Must take with or after KINE 433; Writing Intensive Course
PSYC 306	PSYC 107	U3-U4	NONE	C	
PSYC 307	PSYC 107	U3-U4	PSYC 2314	C	Cannot take more than one of the following to count towards degree or PSYC minor: PSYC 2314, PSYC 225, PSYC 307.
SOCI 205		U1-U4	NONE	C	
STAT 302	MATH 140 or 142	U1-U4	STAT 303	C	
Professional Development Electives - 15 HRS		U1-U4		C	Select from Directed Electives list on General Rules sheet; Some courses may have prerequisites; Work with Professional School Advising office to determine specific prereqs needed for admission to professional school <a href="http://careercenter.tamu.edu/Resources/Professional-School">http://careercenter.tamu.edu/Resources/Professional-School</a>
*Writing Course Requirement					
** Proper selection might also meet International Cultural Diversity and/or Cultural Discourse requirements - see core.tamu.edu					



# GENERAL RULES

- Course Sequencing And Prerequisites
- Directed Electives
  - AEP, BEP, MTB – Refer to list in degree plan packet; hours vary by option
- KINE 199 Requirements
  - AEP Students – Must take Majors Aerobic Mvmt & Majors Resist Flex
  - BEP & MTB – Refer to list in degree plan packet



# GENERAL RULES

- Progress Toward Degree
    - Student Rule 1.5.1
    - Student Rule 12.1-12.2
  - Undergraduate Degree Planner
  - Requirements for Internship
    - AEP Only
  - Requirements for Graduation
  - Course Layout
    - AEP, BEP, MTB
- 



# RESOURCE PACKET

Advising Syllabus

Professional School  
Advising

Registration  
Instructions



# ADVISING SYLLABUS



## Advising Syllabus

### Purpose of Academic Advising

The primary purpose of academic advising at Texas A&M University is to assist students in their development of meaningful educational plans that are compatible with their personal abilities and goals. The ultimate responsibility for making decisions about personal goals and educational plans rests with the individual student.

#### Appointment Policies

##### Appointment Scheduling

- You can schedule an appointment online via Navigate (Howdy > Navigate > Get Advising) or via telephone (979) 845-4530.
- Appointments must be made a minimum of one (1) day in advance and no earlier than one week in advance.
- Advising appointments are scheduled for 30 minutes.
- Students will be sent a ZOOM link for virtual appointments when they schedule through Navigate.
- If you prefer to take advantage of our walk-in hours, either in-person or virtually, Friday between 8:30 AM to 11:00 AM. You can use the link below for virtual walk-ins

Link: <https://tamu.zoom.us/j/96239249266>

##### Virtual and In Person Advising

Our office has virtual and in-person appointments. All virtual appointments are currently held via Zoom. For in-person appointments students will need to come to GGB 145.

##### Appointment Etiquette

- Arrive on time for your appointment
- Wear appropriate attire
- Come prepared to the advising appointment with questions and/or concerns

##### For virtual appointments

- Sign into ZOOM using your correct full first and last name
- Have an appropriate background
- We recommend you have your camera on to foster a more personalized interaction and connection with your advisor

##### No Shows and Cancellations

- If you fail to show up for your scheduled appointment, it will be recorded as a "No Show"
- If you arrive for your appointment more than fifteen (15) minutes after your scheduled appointment, it will be recorded as a "No Show".
- If you cannot make it to your scheduled appointment, please call the front desk or cancel through Navigate. Please be sure to cancel at least 24 hours in advance to allow other students an opportunity to utilize that time-slot.
- After three (3) "No Shows", you will no longer be able to schedule an appointment. To regain appointment scheduling privileges, you must visit our office in person and provide an explanation of why you accumulated 3 "No Shows".

#### Email Etiquette

E-mail is the primary method of communication utilized by your academic advisor; therefore, we ask that you consider the following when sending an e-mail:

- Always include your first & last name and UIN
- Include a brief reason for your e-mail in the subject
- Do not reply to a mass email, begin a new email
- Do not forward your email to another account (i.e. yahoo, g-mail, etc.)
- Only email advisors from your TAMU account
- Please allow at least 24 hours for a response
- Do not use abbreviated texting language
- Use appropriate, professional language
- Do not resend the same email multiple times

#### Key Dates

Search "Academic Calendar" on the Texas A&M website for information regarding:

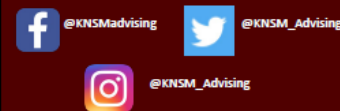
- Registration dates
- Drop and withdrawal deadlines
- Campus holidays
- Final exams
- Grade postings

#### Busy Times

Due to our volume of students, there certain times of the year when it may be harder to secure an appointment:

- Week before classes start
- First week of classes
- Around Q-Drop Deadline
- Weeks before registration
- Departmental Deadlines
- End of Semester Processing

#### Social Media



## Campus Resources

### Career

- Career Center - [careercenter.tamu.edu](http://careercenter.tamu.edu)
- Professional School Advising (OPSA) - [careercenter.tamu.edu/Resources/Professional-School-Advising](http://careercenter.tamu.edu/Resources/Professional-School-Advising)
- Money Education Center - [money.tamu.edu](http://money.tamu.edu)

### Academic

- Academic Success Center (ASC) - [successcenter.tamu.edu](http://successcenter.tamu.edu)
- Disability Resources - [disability.tamu.edu](http://disability.tamu.edu)
- Education Abroad - [abroad.tamu.edu](http://abroad.tamu.edu)
- University Writing Center (UWC) - [writingcenter.tamu.edu](http://writingcenter.tamu.edu)
- Math Learning Center (MLC) - [mlc.tamu.edu](http://mlc.tamu.edu)

### Student Life

- Counseling & Psychology Services (CAPS) - [caps.tamu.edu](http://caps.tamu.edu)
- Scholarships & Financial Aid - [financialaid.tamu.edu](http://financialaid.tamu.edu)
- Department of Multicultural Services (DMS) - [dms.tamu.edu](http://dms.tamu.edu)
- Student Activities - [studentactivities.tamu.edu](http://studentactivities.tamu.edu)
- Student Assistance Services (SAS) - [studentlife.tamu.edu/sas/](http://studentlife.tamu.edu/sas/)
- Student Health Services - [shs.tamu.edu](http://shs.tamu.edu)
- International Student Services - [iss.tamu.edu](http://iss.tamu.edu)
- LGBTQ+ Pride Center - [studentlife.tamu.edu/lgbtq/](http://studentlife.tamu.edu/lgbtq/)
- Veteran Services - [veterans.tamu.edu](http://veterans.tamu.edu) & [aggieveterans.tamu.edu](http://aggieveterans.tamu.edu)

## Undergraduate Advising Staff

Ms. Kayla McGee '13, M.S.  
Assistant Director for Undergraduate Advising  
Physical Education Cert & Basic Exercise Physiology  
[kmcgee@tamu.edu](mailto:kmcgee@tamu.edu)

Mr. Kasey McCarthy, M.A. Academic Advisor IV  
Applied Exercise Physiology & BS/MS in KINE, Ath. Training (3+2)  
[kmccarthy@tamu.edu](mailto:kmccarthy@tamu.edu)

Ms. Hannah Malcomb '14, M.S. Academic Advisor IV  
Sport Management (Last Names A-K) & Sport Management Minor  
[hmalcomb@tamu.edu](mailto:hmalcomb@tamu.edu)

Ms. Frances Fuller '21 Academic Advisor II  
Exercise and Sport Science & Motor Behavior (Last Names T-Z)  
[ffuller@tamu.edu](mailto:ffuller@tamu.edu)

Mr. Antwone Woods '10 Academic Advisor II  
Sport Management (Last Names L-Z) & Sport Management Minor  
[antwonewoods@tamu.edu](mailto:antwonewoods@tamu.edu)

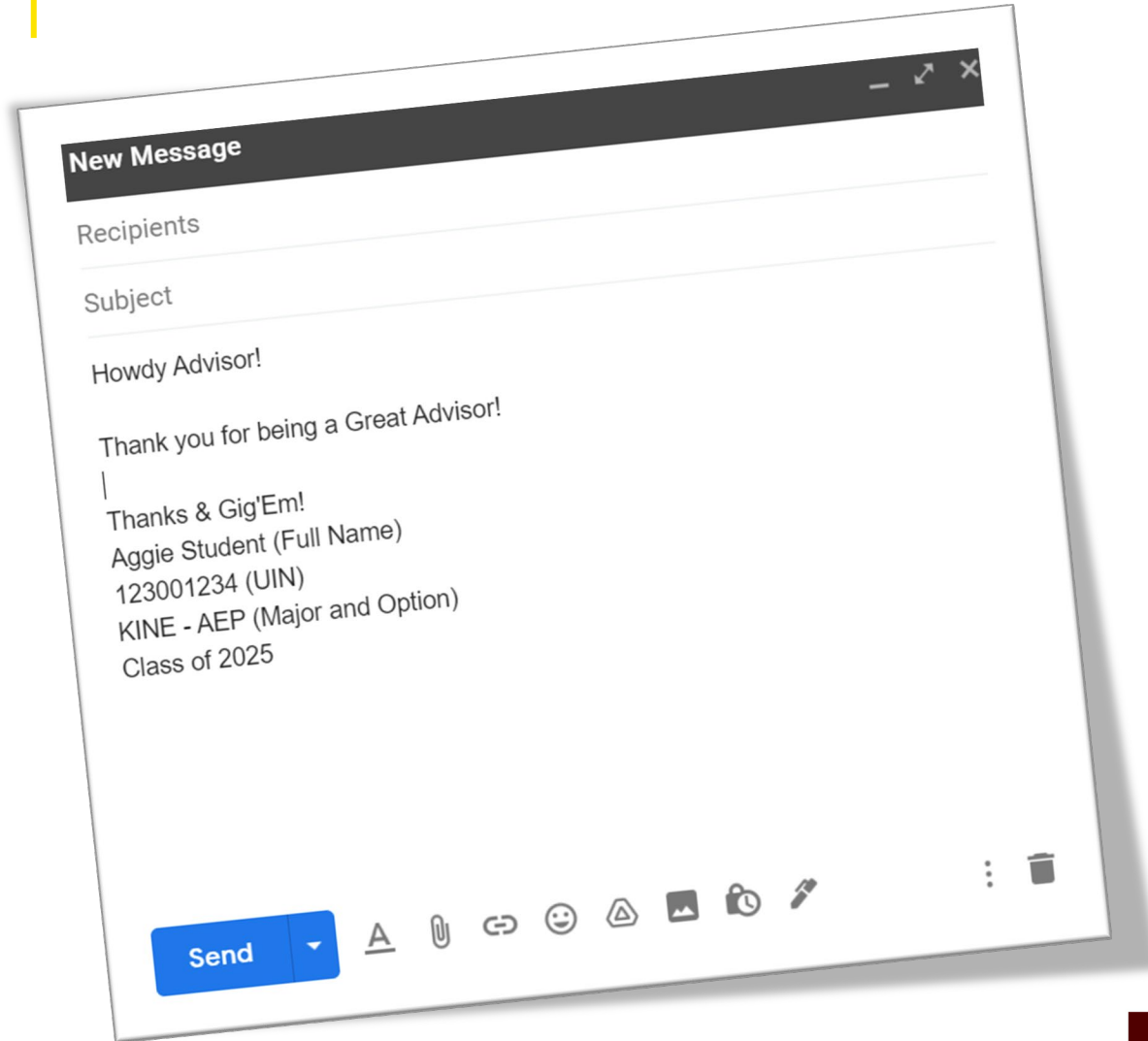
Mr. Charles Hegemeyer Academic Advisor I  
Motor Behavior (Last Names A-J)  
[chegemeyer@tamu.edu](mailto:chegemeyer@tamu.edu)

Taylor Mansfield Academic Advisor I  
Sport Management (Last Names - To Be Determined)  
[t.a.mansfield@tamu.edu](mailto:t.a.mansfield@tamu.edu)

Mr. Matthew Hagemann '22 Academic Advisor I  
Motor Behavior (Last Names K-S)  
[matthagemann@tamu.edu](mailto:matthagemann@tamu.edu)



# OFFICIAL TAMU EMAIL



**Check daily!** (several times)

**DO NOT** forward your A&M emails to your personal email address

## **Information to include in emails:**

- Name
- UIN
- Option (AEP, BEP, ETR, MTB)

## **Allow time for response**

- Generally, it takes 24-48 hours for a response.





# PROFESSIONAL SCHOOL ADVISING (PSA)

- Experts when it comes to Professional School
  - Admissions
  - Prerequisites
  - Entrance exams
- List-serves
- Pre-professional student organizations

## Contact Information

- Phone Number (979) 847-8938
- Website
  - [http://careercenter.tamu.edu/Resources/Professional - School-Advising](http://careercenter.tamu.edu/Resources/Professional-School-Advising)
  - [Tx.ag/OPSA](http://Tx.ag/OPSA)

**\*For the most up-to-date information, you can also contact the professional school that you are pursuing.**



# SEHD BYRNE STUDENT SUCCESS CENTER

<https://education.tamu.edu/academics/byrne-student-success-center/>

- The Byrne Student Success Center provides students with the tools and resources they need to be academically and personally successful. Students are offered individualized Student Success Counseling, career support, strategic referrals to free campus resources, and are provided opportunities for co-curricular involvement and leadership development
- Location: Harrington Tower, Ste. 107
- Email: [Byrnecenter@tamu.edu](mailto:Byrnecenter@tamu.edu)
- \*\*\*Available to School of Education/Human Development Students only.

## Online Student Success

Check  
In  
Daily

Plan Your  
Day, Week,  
& Month

Rule  
Of  
Three

Organize  
Yourself &  
Your Space

Other  
Useful  
Strategies



Byrne Student Success Center  
EDUCATION & HUMAN DEVELOPMENT



Scheduling your  
appointments  
**just got easier**



Looking to save time?

**DOWNLOAD**  **NAVIGATE STUDENT**

- Quickly **Schedule Advising Appointments**
- View **Class Schedule**
- See upcoming **To-Do's**
- Receive alerts on **Holds**
- Find **Resources**
- Explore **Majors**
- Add personal **Reminders**
- **And much more!**







# REGISTRATION

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# SCHEDULING TIPS

## Registration Readiness

Terms of Use  
Location Update  
Lab Safety

## Check For Holds

Take Care of Holds

## Aggie Schedule Builder

Check Restrictions  
Check Prerequisites  
Select Sections  
Check Seat Availability

## Be Flexible

Check Seat Availability  
Use your Degree Plan to select  
courses and alternate courses



# FIRST YEAR EXPERIENCE

- Each incoming **freshman** is required to be in an FYE course
  - FYEX 101 – any available section
- Some of you may be required to be in a specific experience based on a scholarship or other scenario. If you are not sure, please feel free to ask.
  - SOMS 111 - (Corps of Cadets; any section)
  - FYEX 101 - (TAMU Athletic specific sections)

# SELECTING COURSES

- Use Graduation Layout (see degree plan packet)
- One or two bold classes (see degree plan)
- Schedule at least one science class & plan around it
- First Year Experience Course
- 100 or 200 level courses
- CRN- [Course Reference Number](#)



# REGISTRATION

Arrive at 1:15 p.m.  
Gibb Gilchrist Building  
(GGB)  
Meet in the lobby

Registration  
begins at  
2:00 p.m.

Bring  
ALL materials:  
Packets  
Laptop

Family Meeting  
HECC 110 at  
2:00 p.m.



Scan Me!





TEXAS A&M UNIVERSITY

School of Education &  
Human Development

## CONTACT US

Gilchrist Building 145

(979) 845-4530

[knsn.tamu.edu](http://knsn.tamu.edu)

## FOLLOW US



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