

---

# Parent and Family Advisory Council Video



# Supporting Your Aggie's Transition

Student Life – New Student and Family Programs



---

# Session Overview

Download the presentation slides:

English



[tx.ag/NSCTransitionTR](https://tx.ag/NSCTransitionTR)

Spanish:



[tx.ag/SpanTransitionTR](https://tx.ag/SpanTransitionTR)



# Family Programs at Texas A&M



familyprograms@tamu.edu



familyprograms.tamu.edu



/AggieParentsandFamily



979.256.1311



979.845.5826





---

# Student Life – Supporting [YOU]

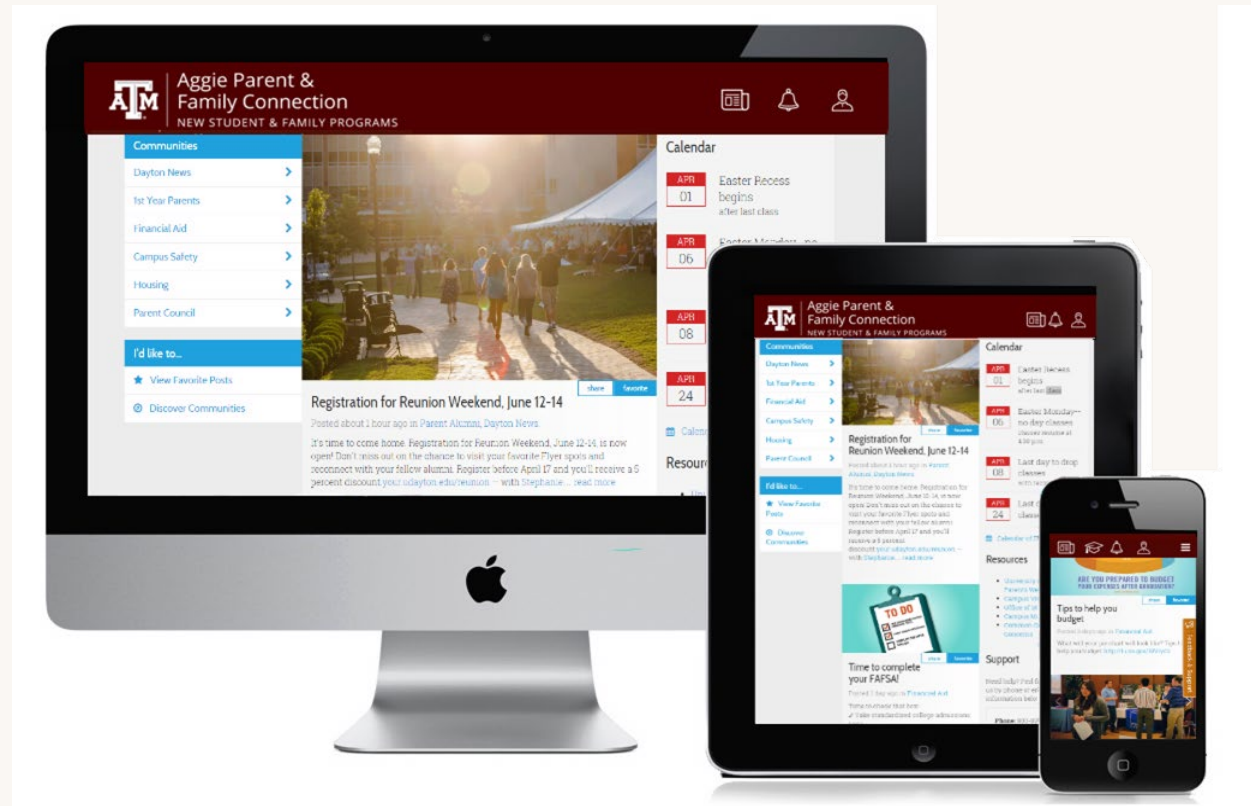
Student Life strives to enhance your opportunities as a student to participate fully in the university experience. We do this by providing you with information, services, programs and involvement opportunities that facilitate responsible life choices and promote awareness of yourself and of your community. Each of the program areas within Student Life has a specific mission, but one common goal: **to provide education, outreach and support to you.**



2024-2025

# **FAMILY CALENDAR & RESOURCE GUIDE**

# Aggie Parent & Family Connection Portal



[tx.ag/familyportal](http://tx.ag/familyportal)



# Campus Resource Directory

Don't see the service you are looking for? Call our office at 979.845.5826, and we will provide the information you need!

## Academic Success Center

[asc.tamu.edu](http://asc.tamu.edu)  
979.458.4900

## Aggie Dining

[dineoncampus.com/tamu](http://dineoncampus.com/tamu)

## Aggie ID Card

[myaggiecard.tamu.edu](http://myaggiecard.tamu.edu)

## Aggie One Stop

Contact Form: [tx.ag/AOSContact](http://tx.ag/AOSContact)  
[aggie.tamu.edu](http://aggie.tamu.edu)  
979.847.1787

- Admissions
- Registrar's Office
- Student Business Services
- Scholarship and Financial Aid

## Ambulance Service/EMS

[ems.tamu.edu](http://ems.tamu.edu)  
979.845.1525 (Non-Emergency Line)

## Appelt Aggieworld Visitor Center

[visit.tamu.edu](http://visit.tamu.edu)  
979.845.5851

## Association of Former Students

[tx.ag/YourNetwork](http://tx.ag/YourNetwork)  
979.845.7514

## Athletic Department (Tickets)

[12thman.com](http://12thman.com)  
888.992.4443

## Bryan Police & Brazos Co. Sheriff

[bryantx.gov/police](http://bryantx.gov/police)  
979.361.3888

## Campus Ministry Association

[tx.ag/CampusMinistry](http://tx.ag/CampusMinistry)  
979.845.3111

## Campus Operator

979.845.3211

## Career Center

[careercenter.tamu.edu](http://careercenter.tamu.edu)  
979.845.5139

## Civil Rights and Equity Investigations

[titleix.tamu.edu](http://titleix.tamu.edu)  
979.458.8407

## College Station Police

[tx.ag/CSPD](http://tx.ag/CSPD)  
979.764.3600

## Corps Escort

979.845.6789

## Corps Housing

[reslife.tamu.edu/options/corps](http://reslife.tamu.edu/options/corps)  
979.845.3443

## Disability Resources

[disability.tamu.edu](http://disability.tamu.edu)  
979.845.1637

## International Student & Scholar Services

[global.tamu.edu/iss](http://global.tamu.edu/iss)  
979.845.1824

## LAUNCH

[launch.tamu.edu](http://launch.tamu.edu)  
979.845.1957

## Multicultural Services

[dms.tamu.edu](http://dms.tamu.edu)  
979.862.2000

## Corps of Cadets

[corps.tamu.edu](http://corps.tamu.edu)  
979.862.2862

## Recreational Sports

[recsports.tamu.edu](http://recsports.tamu.edu)  
979.845.7826

## Residence Life

[reslife.tamu.edu](http://reslife.tamu.edu)  
888.451.3896

## Student Activities

[studentactivities.tamu.edu](http://studentactivities.tamu.edu)  
979.845.1133

## Technology Services

[it.tamu.edu](http://it.tamu.edu)  
979.845.8300

## Transportation Services

[transport.tamu.edu](http://transport.tamu.edu)  
979.862.7275 (Parking)  
979.847.7433 (Transit)

## University Health Services

[uhs.tamu.edu](http://uhs.tamu.edu)  
979.458.4584

- Medical Services
- Mental Health Services

(Call 911 for emergencies)

## University Police Department

[upd.tamu.edu](http://upd.tamu.edu)  
979.845.2345  
(Call 911 for emergencies)

# Student Life

Student Life strives to enhance your students' opportunities by providing information, services, programs and involvement opportunities.

[studentlife.tamu.edu](http://studentlife.tamu.edu)

[studentlife@tamu.edu](mailto:studentlife@tamu.edu)

Call: 979.845.3111

Text: 979.318.5086

## Alcohol and Substance Misuse Prevention

[healthpromotion@tamu.edu](mailto:healthpromotion@tamu.edu)

979.845.0280

## Interpersonal Violence Prevention

[healthpromotion@tamu.edu](mailto:healthpromotion@tamu.edu)

979.845.0280

## New Student and Family Programs

[nsfp@tamu.edu](mailto:nsfp@tamu.edu)

979.845.5826

## Off Campus Student Services

[ocss@tamu.edu](mailto:ocss@tamu.edu)

979.845.1741

## Student Assistance Services

[studentlife@tamu.edu](mailto:studentlife@tamu.edu)

979.845.3113

## Student Legal Services

[studentlegalservices@tamu.edu](mailto:studentlegalservices@tamu.edu)

979.862.4502

# HEALTH & SAFETY

## University Health Services

University Health Services empowers Texas A&M students through integrated care that supports their physical and mental health. As part of Texas A&M Health—the university's comprehensive health science center—our clinicians provide the highest level of care in medicine, counseling, psychology and emergency medical services to foster students' academic, personal and professional success with multiple facilities and access points, making receiving support as seamless and convenient as possible for Aggies.

The A.P. Beutel Student Health Center provides a variety of affordable services and resources related to physical health for currently enrolled students: including over-the-counter medications, vaccinations and medical appointments. With Allied health services including a medical laboratory, pharmacy, physical therapy, radiology and registered dietitian, this allows the health center to be a one-stop shop for physical health needs.

The Student Counseling and Mental Health Care Center, located on the fourth floor of the Student Services Building, provides no-cost mental health appointments and resources, including individual, couple, group and crisis counseling; learning disability/ADHD assessments; workshops; career counseling and exploration; and suicide awareness and prevention. Embedded University Health Services mental health providers also serve a variety of dedicated student populations on site around Texas A&M University.

### After-Hours Health Resources:

- Helpline (peer support available for select hours while classes are in session): [tx.ag/helpline](https://tx.ag/helpline), 979.845.2700
- TELUS Health Student Support app (professional counseling and mental health resources available 24/7/365): [tx.ag/supportapp](https://tx.ag/supportapp), 1.866.408.2828 (US-based callers)
- Dial-A-Nurse (nurse advice line for non-emergent medical concerns): 979.458-8379



## Alcohol & Substance Misuse Prevention

Alcohol misuse is a prevalent concern in the college population. Surveys of students at Texas A&M indicated that more than 68% of students reported consuming alcohol on a regular basis. Prevention and education are important steps to preventing the harmful impacts of alcohol misuse. Student Life's Alcohol and Substance Misuse staff provides one-on-one risk reduction, educational presentations, and campus programming to help change the culture around drinking and drug use. You can play an important role in preparing your students for college life by discussing alcohol use with them early and often. Check out "A Parent Handbook for Talking with College Students About Alcohol" for conversation starters, tips, and important information to prepare your student to navigate substances safely. Find it under the resources tab at [familyprograms.tamu.edu](https://familyprograms.tamu.edu).

## Student Assistance Services

Student Assistance Services is a part of Student Life and seeks to connect Texas A&M University students with the appropriate guidance, resources, and support to address various personal and academic matters.

Common situations include the following:

- Food and housing insecurity
- Emergencies and crises that affect a student's academic journey
- Academic concerns
- Mental health concerns impacting the student's overall wellbeing
- Support for pregnant and parenting students

SAS can be a beginning point of contact for information or questions. Case managers will work with students on their options and refer them to appropriate resources. For more information about SAS, go to: [sas.tamu.edu](https://sas.tamu.edu).

## Tell Somebody

On a college campus, sometimes behaviors of concern go unreported until a tragedy occurs, and then people come forward with bits of information that, in retrospect, may signal a larger issue. This information, when viewed collectively, may be helpful in preventing tragic events and initiating assistance to an individual. Texas A&M University is committed to a proactive approach and needs your help.

As a member of this University community, if your student observes any concerning behavior, they can go to [tellsomebody.tamu.edu](https://tellsomebody.tamu.edu) and provide detailed information on the report form.

## Code Maroon

Code Maroon has provided campus alerts and emergency notifications to Texas A&M for over a decade. The Code Maroon Mobile App is available to the Aggie community. The Code Maroon App comes with a number of new safety tools, and allows family members to get Code Maroon notifications. The app can be downloaded from the Apple App Store or Google Play Store.

If you have any questions or need assistance with the Code Maroon App, call Help Desk Central at 979.845.8300 or email them at [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu). For more information about Code Maroon emergency text, email, and computer alerts, visit [codemaroon.tamu.edu](https://codemaroon.tamu.edu).

## Corps Escort

The Cadet Escort Program is a service provided by the Corps of Cadets to students between the hours of 6 p.m. and 7 a.m. on weekdays and all day on weekends during the Fall and Spring semesters. This service is closed on holidays and during final exams. Escorts are provided to and from the library, classroom buildings, parking areas, dorms, and other main campus locations.

The escort service does not extend beyond the West Campus Garage. Your student can find the number for the Corps Escort by scanning the QR code on the back of their Aggie ID.

## University Police Department

At Texas A&M University, there is a police department dedicated to keeping your Aggie safe. The University Police Department is committed to being a world-class model for public safety and prioritizes a safe and secure environment for all students, faculty, staff, and campus visitors. The University Police Department is located at 1111 Research Parkway in the Texas A&M Research Park. The facility is open 24 hours a day, 7 days a week including holidays.

- Emergency – 911
- Non-Emergency Phone – 979.845.2345
- [upd.tamu.edu](https://upd.tamu.edu)



President's Picnic 2023



## Off Campus Student Services

Off Campus Student Services (OCSS), as a part of Student Life, supports students living off-campus through educational programs, resources, and individual consultations on various topics.

OCSS staff can assist students with everything from understanding their rights and responsibilities in the leasing process to navigating disputes with roommates or landlords. OCSS offers Leasing 101 workshops, conflict mediation services, and advice to address housing-related challenges.

When it comes to finding housing, AggieSearch is Texas A&M University's official off-campus housing website allowing students to filter available rental properties based on their specific needs, including price, location, lease term, and much more. AggieSearch can also help your student find a great new roommate or someone to re-let their current rental if your student needs to move before their lease ends. Additionally, the site provides helpful tools such as a roommate contract, a budgeting worksheet, and a list of questions to ask a potential landlord.

OCSS also works to help students understand how to be a positive presence in their neighborhoods by educating them about being good neighbors and complying with local ordinances. Finally, the office liaises with local government agencies, non-profits, and residents to help address issues that impact off-campus students. [ocss.tamu.edu](http://ocss.tamu.edu)

## Residence Life

Living on campus is convenient... and so much more.

### Academic Services

Community Learning Centers (CLCs) are hubs of academic support offering individual and group study spaces, and open access computer labs. CLCs are conveniently located in the Commons, Hullabaloo Hall, and White Creek Community Center. Academic Peer Mentors (APMs) are available to connect residents with resources, offer academic check-ups, and hold office hours. No appointment necessary, just check the schedule and drop by. We also sponsor a variety of different academic events and programs, such as monthly Dinners With a Prof and RevTalks. See all the academic services available to on-campus students at [reslife.tamu.edu/living/academics](http://reslife.tamu.edu/living/academics).

### Living Learning Communities

Living Learning Communities (LLCs) are residential clusters of students living in specific halls, who share academic or common interests. Residents benefit from additional resources, support, and enhanced activities centered around a specific focus to elevate their Aggie experience. There are no additional cost or fees associated with LLC membership, all sponsored programs, events, and outings are free. Learn more at [reslife.tamu.edu/living/llcs](http://reslife.tamu.edu/living/llcs).

### Sustainability

Live sustainably when you live on campus. Utilize recycling resources on campus. Get your room Green Dorm Certified. Educate fellow residents and promote sustainability by joining Aggie Eco-Reps and more! Learn about sustainability at [reslife.tamu.edu/living/sustainability](http://reslife.tamu.edu/living/sustainability).

### Security

We do all that we can to ensure a safe living environment for all residents, including an access card system for all residential buildings, self-closing room doors, and regular security patrols. Learn about the work we do to keep our residents safe at [reslife.tamu.edu/living/safety](http://reslife.tamu.edu/living/safety).



# Academic Resources

## Academic Success Center

The Academic Success Center (ASC) provides all Aggies with access to comprehensive resources and support regardless of their background and experience so that they can not only achieve academic goals but fulfill their academic potential. ASC programs and services include academic coaching, tutoring, supplemental instruction, and developmental education. The ASC website incorporates handouts and videos to help with study and learning.

[asc.tamu.edu](http://asc.tamu.edu)

979.458.4900

## Math Learning Center

The Math Learning Center (MLC) fosters the academic success of Texas A&M students by supporting courses with significant mathematics, statistics, and quantitative reasoning content, particularly those courses that fulfill core curriculum requirements or serve as prerequisites for more advanced topics.

[mlc.tamu.edu](http://mlc.tamu.edu)

979.847.7311

## Writing Center

The University Writing Center helps Aggies improve their writing and public speaking skills. The Writing Center offers a variety of appointment types, including in-person, online, and Zoom sessions, which allow students to work with one of our trained consultants at any stage of the writing process or in preparing oral presentations. You can also find useful handouts, videos, and self-paced learning modules on our website.

[writingcenter.tamu.edu](http://writingcenter.tamu.edu)

979.458.1455



# Family Expectations Worksheet

You and your student are about to embark on an exciting journey! Along the way there could be several potential challenges during their adjustment to life in Aggieland. There are many items to discuss and to-dos to take care of before your student leaves. This worksheet serves as a starting point for you and your student to set expectations as you prepare for their first semester at Texas A&M. A sharpie works best when writing on this paper. You can also download a printable copy at [tx.ag/NSCWorksheet](https://tx.ag/NSCWorksheet).

## Communication

We plan to talk \_\_\_\_\_ (number of times) per \_\_\_\_\_.

We will communicate using the following methods:

It is important to discuss the following when we speak:

During an emergency we will communicate by:

The following is considered an emergency:

## Transportation

The student will get around campus & Aggieland in the following ways:

- \_\_\_ Car
- \_\_\_ Bike
- \_\_\_ Bus System
- \_\_\_ Other

## Access to Information

The student will provide the following access to family members:

- \_\_\_ Bill Payment Suite
- \_\_\_ Howdy Portal
- \_\_\_ Medical information

Does your student have their important documents?

- \_\_\_ Social Security Card
- \_\_\_ Insurance Documents
- \_\_\_ Banking Information

## Visits

The student should plan to come home at the following times:

The family should visit during the following times:

## Money & Budgeting

We agree that the student will get money in the following ways:

\_\_\_ Job \_\_\_ Monthly Allowance (amount: \$\_\_\_) \_\_\_ Financial Aid

And spend it in the following ways:

\_\_\_ Meal Plan/Groceries \_\_\_ Spending Money \_\_\_ Rent \_\_\_ Bills  
Other: \_\_\_\_\_

Limitations for spending money are:

We will handle financial emergencies in the following ways:

A financial emergency could include:

## Other Things to Consider

Does your student know how to:

- \_\_\_ Grocery shop/meal plan
- \_\_\_ Cook simple meals
- \_\_\_ Maintain a budget
- \_\_\_ Do laundry
- \_\_\_ Make appointments

Have you talked to your student about utilizing medical services and health insurance?

How will your student stay safe on campus?

## Aggie Family Advice: Dealing with the Unexpected

As parents and family members of current college students, we know there are times in which your student may have to navigate an unexpected circumstance. Whether your student is not excelling the way they hoped or their car breaks down, we came up with some pieces of advice for how your family can navigate the unexpected alongside your student.

- Before their first day of class, discuss and define your student's definition of a crisis versus your definition of a crisis. Reiterate how you know they are capable of handling crisis, but they may be faced with challenges they have not dealt with before and you are there to help.
- Set expectations for what your student will communicate with you and ask for there to be no surprises. Some families have found success in setting aside time every week or month to talk about logistical items (such as grades, bills, routine items, etc.).
- Recognize that every student is different and therefore your support will be different. Every semester and year may look different for your student so throughout their time in college, check in to see what support they need and revisit this expectations worksheet as needed.

# Aggie Family Checklists

These checklists were created by the Aggie Parent and Family Advisory Council as recommendations of items to complete as a Texas A&M University family member of an incoming student before the start of your student's first semester. Apps listed on this page can be downloaded through the Apple App Store or Google Play Store.

### Health & Safety

- 3 **Download the Code Maroon Mobile App.** The app has several safety tools, allowing family members to get Code Maroon notifications. For more information about Code Maroon emergency texts, emails, and computer alerts, visit [codemaroon.tamu.edu](https://codemaroon.tamu.edu).
- 3 **Ensure your student lists you as their emergency contact in the Howdy Portal.** University officials can access this information in case of an emergency.
- 3 **Prepare a basic first aid kit to send off with your student.** Consider packing items such as a thermometer, antibiotic cream, band aids, gauze, over-the-counter medications, alcohol wipes, gloves, etc.
- 3 **Remind your student that the campus emergency phone numbers are linked to the QR code on the back of their Aggie Card.**
- 3 **Send a dependent copy of your health insurance plan card and pharmacy card (if applicable) with your student.** Consider providing your student with a list of medical providers that your insurance covers in the event of an emergency. Additionally, ensure your student knows their general physician's name and contact information for medical history forms.

### Finances

- 3 **Discuss personal finances and expectations with your student.** (See Left)
- 3 **Discuss bill payment access.** Students can grant family members access to the Bill Payment Suite at [billpay.tamu.edu](https://billpay.tamu.edu). This will allow access to view billing history and make payments.
- 3 **Make sure your student has set up their direct deposit information.** This is the only way to receive refunds from the university. More information can be found at [tx.ag/AOSDeposit](https://tx.ag/AOSDeposit).
- 3 **Discuss Scholarship and/or Financial Aid requirements and expectations with your student.** Many scholarships and grants require your student to be enrolled as a full-time student (12 credit hours).

### Logistics

- 3 **Confirm your student's housing accommodations for the year.** If your student is living on-campus, refer to [reslife.tamu.edu](https://reslife.tamu.edu). If your student is living off-campus, refer to [ocss.tamu.edu](https://ocss.tamu.edu). Confirm the move-in date and try to have the necessary supplies before move-in day.
- 3 **Discuss transportation options for your student for the year.** Whether they plan to purchase a parking permit, take the Aggie Spirit bus, or bike around campus, Texas A&M University is a large campus. It is important for your student to have a plan for getting around campus. Refer to [transport.tamu.edu](https://transport.tamu.edu) for additional information.
- 3 **Whether your student will live on-campus or off-campus, decide if they will purchase a meal plan or make their own food.** Learn more about on-campus dining plans at [dining.tamu.edu](https://dining.tamu.edu).

## ADDITIONAL FAMILY TASKS

- **Save the Date for Family Weekend 2025 (April 4th-6th).** Families are encouraged to make overnight accommodations early for Family Weekend as hotels fill up quickly. Find more information at: [familyweekend@tamu.edu](mailto:familyweekend@tamu.edu)
- **Purchase your official Aggie Family Gear.** Aggie gear can be purchased online or in-person from Barnes & Noble at Texas A&M, located on the first floor of the Memorial Student Center.
- **Finish setting up your Texas A&M Parent and Family portal account at [tx.ag/familyportal](https://tx.ag/familyportal).**

## IMPORTANT APPS

- **Code Maroon** is Texas A&M University's emergency notification system that gives the University the ability to communicate health and safety information in an emergency.
- **The Texas A&M Mobile App** provides access to a variety of resources on campus. These include bus routes, parking information, events, and emergency information.
- **The Official 12th Man Mobile App** is a must-have for fans headed to campus or following the Aggies from afar. The app features interactive social media, and all the scores and stats surrounding the game.

---

# Family Weekend

Held each Spring at Texas  
A&M since 1919

A weekend dedicated to all  
Aggie Family members

**April 4-6<sup>th</sup>, 2025**

**[familyweekend.tamu.edu](https://familyweekend.tamu.edu)**



---

# Aggie Moms





---

# Transfer Student Experience

- It is normal for a transfer student to experience a temporary dip in their GPA the first semester at their new institution (Hills, 1965)



---

# Best Practices for Student Success

- Get involved on campus (Astin, 1984)
  - Not just Student Organizations – On-campus jobs, Undergraduate Research, etc.
- Make connects with faculty (Webber et al., 2013)
  - They are human too!
- Utilize the on-campus resources and support services! (Roddy et al., 2017)
  - Refer to the Campus Directory for just some of the resources and support services available to students



---

# Transfer Student Program (TSP)

- Resources and Services Provided by TSP
  - Mentors
  - Peer Academic Coaching
  - Peer-Led Workshops
  - Transfer-specific events and programs





A family of four is posing for a photo outdoors on a sunny day. The father, on the left, wears a maroon polo shirt, a blue Texas A&M baseball cap, and sunglasses. The mother, next to him, wears a maroon t-shirt and sunglasses. Their daughter, in the center, has curly hair and is wearing a maroon t-shirt and red shorts. The son, on the right, wears a maroon t-shirt, sunglasses, and a watch. They are all smiling. The background shows green trees and a paved area with other people in the distance. A dark red banner with white text is overlaid across the middle of the image.

# My Aggie Family Experience



---

# Next Steps for the NSC Experience

- **Remainder of Day 1**

- Lunch (families will be at Sbisa, Students will be at an alternative location)
- Afternoon sessions pick up at 1 p.m. with Resource Tables and Breakout Sessions – you will attend breakout sessions with your student!
- A Family's Guide to a Safe Aggieland (2:35 p.m.)
- Closing of Day 1 – Financial Matters, Yell Practice, Welcome from Academic Affairs, and Day 1 Wrap Up. Sessions to end by 4:30 p.m.

- **Day 2 Information**

- Starts at 8:30 a.m. at your students' academic programs
- Lunch is at any open retail location – look at [tx.ag/NSCDining](http://tx.ag/NSCDining) for open locations

# Thanks & Gig 'em!

## Contact Us



471 Houston St.



979.845.5826



979.256.1311



familyprograms@tamu.edu



familyprograms.tamu.edu

## Follow Us



/AggieParentsAndFamily



@nsfptamu



@NSFP TAMU