
Vídeo del Consejo Asesor de Padres y Familias



Apoyando la transición de su Aggie

Vida estudiantil – Programas para nuevos estudiantes y familias



Resumen de la sesión

Descargué las dispositivas de la presentación :

Inglés :



tx.ag/NSCTransitionTR

Español:



tx.ag/SpanTransitionTR

Programas familiares en Texas A&M



familyprograms@tamu.edu



familyprograms.tamu.edu



/AggieParentsandFamily



979.256.1311



979.845.5826



@nsfptamu



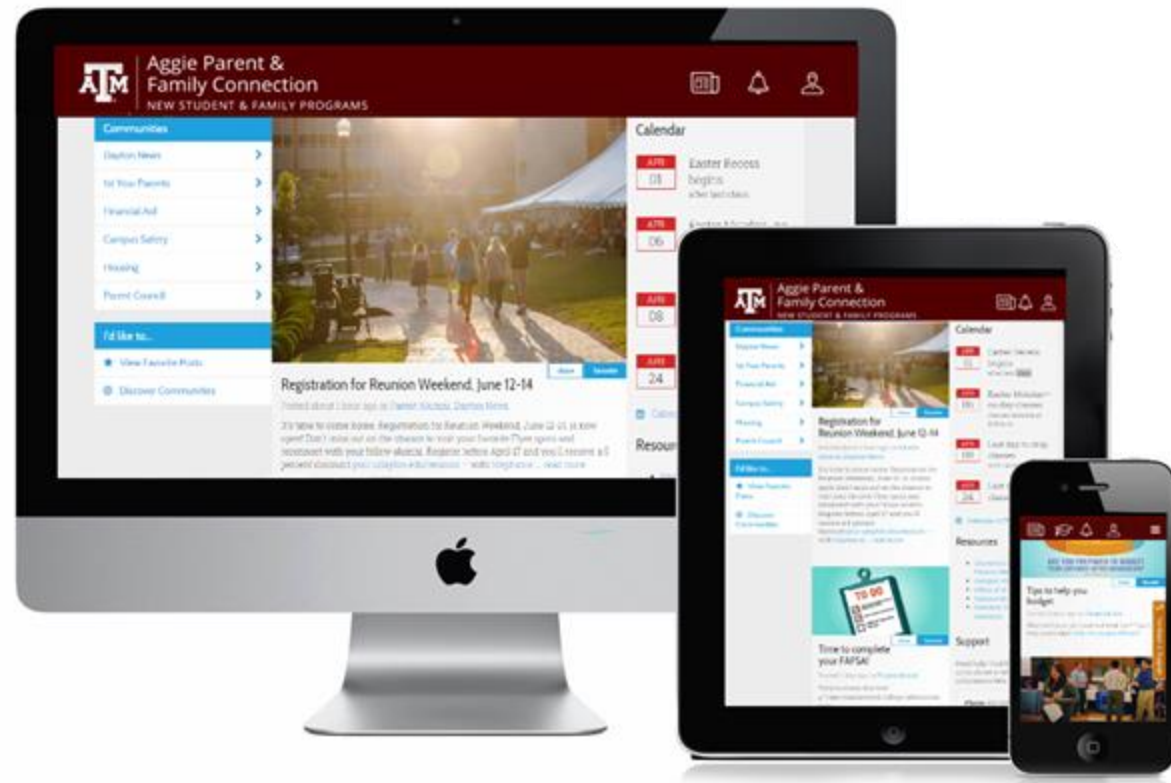
Vida estudiantil – Apoyando [USTED]

Vida estudiantil se esfuerza por mejorar sus oportunidades como un estudiante para que participen plenamente en la experiencia universitaria. Lo logramos por brindándole información , servicios, programas y oportunidades de participación que facilitan la toma de decisiones de vida responsables y promueven la conciencia de ti mismo y de su comunidad. Cada área del programa de Vida estudiantil tiene una misión específica , pero un objetivo común : **brindarte educación , extensión y apoyo.**



2025-2026
**FAMILY CALENDAR
& RESOURCE GUIDE**

Portal de Conexión para Padres y Familias Aggie



tx.ag/familyportal

CAMPUS RESOURCE DIRECTORY

Don't see the service you are looking for? Call our office at 979.845.5826, and we will provide the information you need!

Academic Success Center
asc.tamu.edu
979.458.4900

Aggie Dining
dineoncampus.com/tamu

Aggie ID Card
myaggiecard.tamu.edu

Aggie One Stop
Contact Form: tx.ag/AOSContact
aggie.tamu.edu
979.847.1787

- Admissions
- Registrar's Office
- Student Business Services
- Scholarship and Financial Aid

Ambulance Service/EMS
ems.tamu.edu
979.845.1525 (Non-Emergency Line)

Appelt Aggeland Visitor Center
visit.tamu.edu
979.845.5851

Association of Former Students
tx.ag/YourNetwork
979.845.7514

Athletic Department (Tickets)
12thman.com
888.992.4443

Bryan Police & Brazos Co. Sheriff
bryantx.gov/police
979.361.3888

Campus Ministry Association
tx.ag/CampusMinistry
979.845.3111

Campus Operator
979.845.3211

Career Center
careercenter.tamu.edu
979.845.5139

Civil Rights and Equity Investigations
titleix.tamu.edu
979.458.8407

College Station Police
tx.ag/CSPD
979.764.3600

Corps of Cadets
corps.tamu.edu
979.862.2862

Corps Escort
979.845.6789

Corps Housing
reslife.tamu.edu/options/corps
979.845.3443

Disability Resources
disability.tamu.edu
979.845.1637

Honors Academy
honors.tamu.edu
979.845.1957

International Student & Scholar Services
global.tamu.edu/iss
979.845.1824

Multicultural Services
dms.tamu.edu
979.862.2000

Office of Undergraduate Research
ugr.tamu.edu
979.845.1957

Recreational Sports
recsports.tamu.edu
979.845.7826

Residence Life
reslife.tamu.edu
888.451.3896

Student Activities
studentactivities.tamu.edu
979.845.1133

Technology Services
it.tamu.edu
979.845.8300

Transportation Services
transport.tamu.edu
979.862.7275 (Parking)
979.847.7433 (Transit)

University Health Services
uhs.tamu.edu
979.458.4584

- Medical Services
- Mental Health Services

(Call 911 for emergencies)

University Police Department
upd.tamu.edu
979.845.2345
(Call 911 for emergencies)

IMPORTANT APPS

- **Code Maroon** is Texas A&M University's emergency notification system that gives the University the ability to communicate health and safety information in an emergency.
- **The Texas A&M Mobile App** provides access to a variety of resources on campus. These include bus routes, parking information, events, and emergency information.
- **The Official 12th Man Mobile App** is a must-have for fans headed to campus or following the Aggies from afar. The app features interactive social media, and all the scores and stats surrounding the game.



HEALTH & SAFETY

UNIVERSITY HEALTH SERVICES

University Health Services empowers Texas A&M students through integrated care that supports their physical and mental health. As part of Texas A&M Health—the university's comprehensive health science center—clinicians provide the highest level of care in medicine, counseling, psychology and emergency medical services to foster students' academic, personal and professional success with multiple facilities and access points, making receiving support as seamless and convenient as possible for Aggies.

The A.P. Beutel Student Health Center provides a variety of affordable services and resources related to physical health for currently enrolled students: including over-the-counter medications, vaccinations and medical appointments. With Allied health services including a medical laboratory, pharmacy, physical therapy, radiology and registered dietitian, this allows the health center to be a one-stop shop for physical health needs.

The Student Counseling and Mental Health Care Center, located on the fourth floor of the Student Services Building, provides no-cost mental health appointments and resources, including individual, couple, group and crisis counseling; learning disability/ADHD assessments; workshops; career counseling and exploration; and suicide awareness and prevention. Embedded University Health Services mental health providers also serve a variety of dedicated student populations on site around Texas A&M University.

After-Hours Health Resources:

- TELUS Health Student Support app (professional counseling and mental health resources available 24/7/365): tx.ag/supportapp, 1.866.408.2828 (US-based callers)
- Dial-A-Nurse (nurse advice line for non-emergent medical concerns): 979.458-8379



ALCOHOL & OTHER DRUG EDUCATION

Alcohol misuse is a prevalent concern in the college population. Surveys of students at Texas A&M indicated that more than 68% of students reported consuming alcohol on a regular basis. Prevention and education are important steps to preventing the harmful impacts of alcohol misuse. Student Life's Alcohol and Other Drug Education staff provides one-on-one risk reduction, educational presentations, and campus programming to help change the culture around drinking and drug use. You can play an important role in preparing your students for college life by discussing alcohol use with them early and often. Check out "A Parent Handbook for Talking with College Students About Alcohol" for conversation starters, tips, and important information to prepare your student to navigate substances safely. Find it under the resources tab at tx.ag/PHTCS.

STUDENT ASSISTANCE SERVICES

Student Assistance Services (SAS) is a part of Student Life and seeks to connect Texas A&M students with the appropriate guidance, resources, and support to address various personal and academic matters.

Common situations include the following:

- Food and housing insecurity
- Emergencies and crises that affect a student's academic journey
- Academic concerns
- Mental health concerns impacting the student's overall well-being
- Support for pregnant and parenting students

SAS can be a beginning point of contact for information or questions. Case managers will work with students on their options and refer them to appropriate resources. For more information about SAS, go to: studentlife.tamu.edu/program-areas.

TELL SOMEBODY

On a college campus, sometimes behaviors of concern go unreported until a tragedy occurs, and then people come forward with bits of information that, in retrospect, may signal a larger issue. This information, when viewed collectively, may be helpful in preventing tragic events and initiating assistance to an individual. Texas A&M is committed to a proactive approach and needs your help.

Any member of the university community who observes any concerning behavior can go to tellsomebody.tamu.edu and provide detailed information on the report form.

CODE MAROON

Code Maroon has provided campus alerts and emergency notifications to Texas A&M for over a decade. The Code Maroon Mobile App is available to the Aggie community. The Code Maroon App comes with a number of new safety tools, and allows family members to get Code Maroon notifications. The app can be downloaded from the Apple App Store or Google Play Store.

If you have any questions or need assistance with the Code Maroon App, call Help Desk Central at 979.845.8300 or email them at helpdesk@tamu.edu. For more information about Code Maroon emergency text, email, and computer alerts, visit codemaroon.tamu.edu.

CORPS ESCORT

The Cadet Escort Program is a service provided by the Corps of Cadets to students between the hours of 6 p.m. and 7 a.m. on weekdays and all day on weekends during the Fall and Spring semesters. This service is closed on holidays and during final exams. Escorts are provided to and from the library, classroom buildings, parking areas, dorms, and other main campus locations.

The escort service does not extend beyond the West Campus Garage. Your student can find the number for the Corps Escort by scanning the QR code on the back of their Aggie ID.

UNIVERSITY POLICE DEPARTMENT

At Texas A&M University, there is a police department dedicated to keeping your Aggie safe. The University Police Department is committed to being a world-class model for public safety and prioritizes a safe and secure environment for all students, faculty, staff, and campus visitors. The University Police Department is located at 1111 Research Parkway in the Texas A&M Research Park. The facility is open 24 hours a day, 7 days a week including holidays.

- Emergency – 911
- Non-Emergency Phone – 979.845.2345
- upd.tamu.edu



LIVING IN AGGIE LAND

OFF CAMPUS STUDENT SERVICES

Off Campus Student Services (OCSS), as a part of Student Life, supports students living off-campus through educational programs, resources, and individual consultations on various topics.

OCSS staff can assist students with everything from understanding their rights and responsibilities in the leasing process to navigating disputes with roommates or landlords. OCSS offers Leasing 101 workshops, conflict mediation services, and advice to address housing-related challenges.

When it comes to finding housing, AggieSearch is Texas A&M University's official off-campus housing website allowing students to filter available rental properties based on their specific needs, including price, location, lease term, and much more. AggieSearch can also help your student find a great new roommate or someone to re-let their current rental if your student needs to move before their lease ends. Additionally, the site provides helpful tools such as a roommate contract, a budgeting worksheet, and a list of questions to ask a potential landlord. Explore all that AggieSearch has to offer at aggiesearch.tamu.edu.

OCSS also works to help students understand how to be a positive presence in their neighborhoods by educating them about being good neighbors and complying with local ordinances. Finally, the office liaises with local government agencies, non-profits, and residents to help address issues that impact off-campus students. studentlife.tamu.edu/program-areas

RESIDENCE LIFE

Living on campus is convenient... and so much more.

Academic Services

Community Learning Centers (CLCs) are hubs of academic support offering individual and group study spaces, and open access computer labs. CLCs are conveniently located in the Commons, Hullabaloo Hall, and White Creek Community Center. Academic Peer Mentors (APMs) are available to connect residents with resources, offer academic check-ups, and hold office hours. No appointment necessary, your student can check the schedule and drop by. We also sponsor a variety of different academic events and programs, such as monthly Dinners With a Prof and RevTalks. See all the academic services available to on-campus students at reslife.tamu.edu/living/academics.

Living Learning Communities

Living Learning Communities (LLCs) are residential clusters of students living in specific halls, who share academic or common interests. Residents benefit from additional resources, support, and enhanced activities centered around a specific focus to elevate their Aggie experience. There are no additional cost or fees associated with LLC membership, all sponsored programs, events, and outings are free. Learn more at reslife.tamu.edu/living/llcs.

Sustainability

Your student can live sustainably when they live on campus. Utilize recycling resources on campus. Your student can educate fellow residents and promote sustainability by joining Aggie Eco-Reps and more! Learn about sustainability at reslife.tamu.edu/living/sustainability.

Security

We do all that we can to ensure a safe living environment for all residents, including an access card system for all residential buildings, self-closing room doors, and regular security patrols. Learn about the work we do to keep our residents safe at reslife.tamu.edu/living/safety.

STUDENT LEGAL SERVICES

Students have access to an attorney licensed by the State Bar of Texas through Student Life and the Student Legal Services office. The attorney provides advice and counseling regarding landlord/tenant disputes, criminal charges, expunction of criminal records, automobile accidents, traffic tickets, consumer issues, contracts, last will and testament, power of attorney, name change, divorce, paternity issues, insurance disputes, debts, and much more. Notary Public services are also available. Representation in court and advice for lawsuits against Texas A&M or another A&M student is not provided. If you have questions or your student needs assistance contact Student Legal Services by calling 979.862.4502 or by texting 979.318.5086.

MAILING SERVICES

If your student is living on campus, U.S. mail is not delivered to your student's room. So, they may want to consider renting a mailbox. There are two options when it comes to choosing a mailbox on campus. Mailboxes may be rented from the following locations:

Student Mail Services

Northside Campus - Located in Hullabaloo Hall
Southside - Located in the Commons
Summer Hours: 12 p.m. - 2 p.m.
Semester Hours: 12 p.m. - 6 p.m.
To sign up, call 979.268.7727

Northgate Post Office

Located at 104 Houston Street off of University Dr.
Hours: 9:30 a.m. - 4 p.m.
To sign up, call 979.846.5716

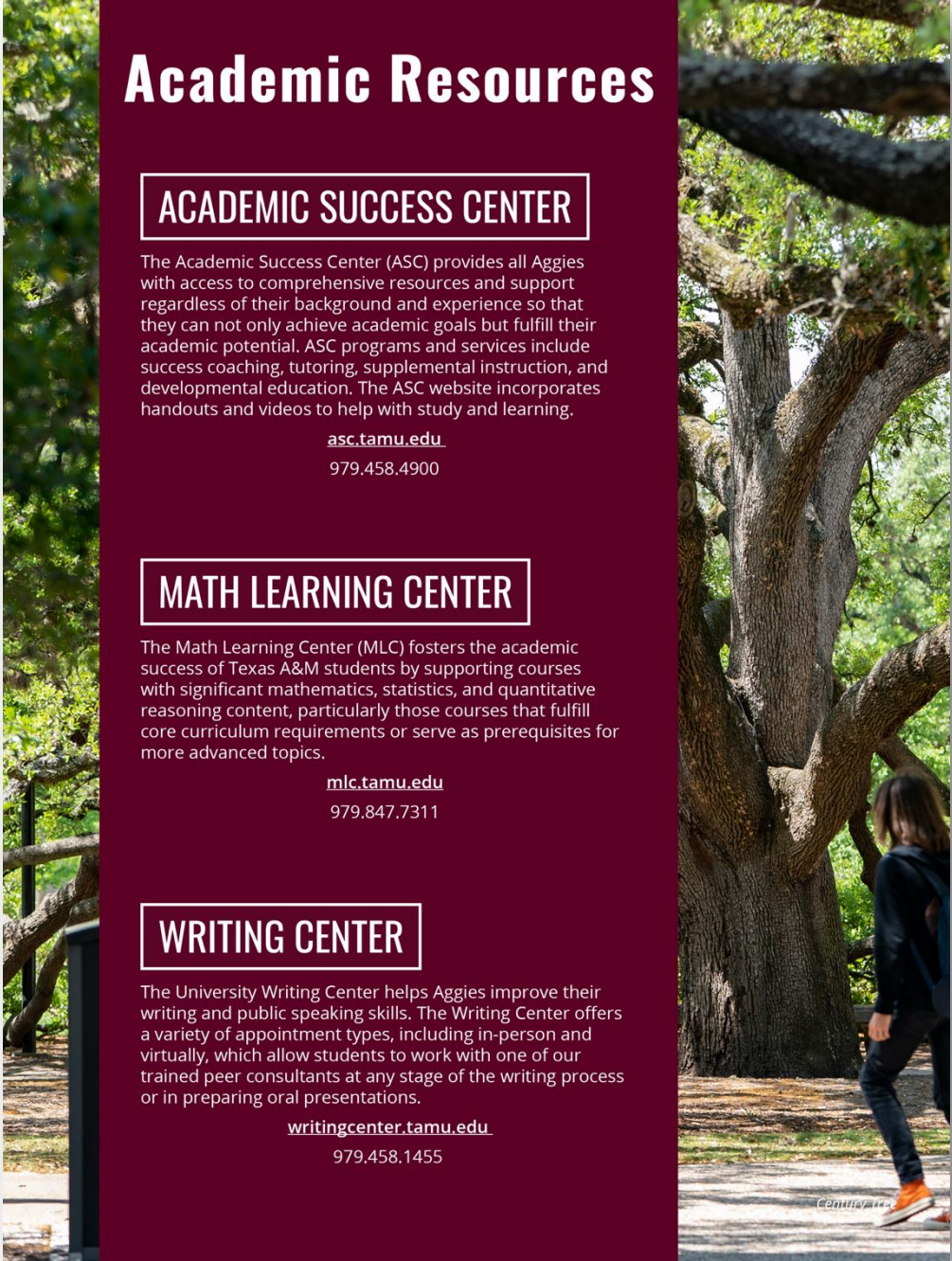
Packages

UPS will make deliveries directly to a student's room, and students do not need to be present to sign. FedEx does not deliver to student rooms. Residence Life staff will not receive packages for residents. To send packages via UPS, utilize the format to the right-hand side of this paragraph:

For more information, visit tx.ag/OnCampusMail.

Name
Residence Hall Name and Room Number
Texas A&M University
College Station, TX 77840





Academic Resources

ACADEMIC SUCCESS CENTER

The Academic Success Center (ASC) provides all Aggies with access to comprehensive resources and support regardless of their background and experience so that they can not only achieve academic goals but fulfill their academic potential. ASC programs and services include success coaching, tutoring, supplemental instruction, and developmental education. The ASC website incorporates handouts and videos to help with study and learning.

asc.tamu.edu

979.458.4900

MATH LEARNING CENTER

The Math Learning Center (MLC) fosters the academic success of Texas A&M students by supporting courses with significant mathematics, statistics, and quantitative reasoning content, particularly those courses that fulfill core curriculum requirements or serve as prerequisites for more advanced topics.

mlc.tamu.edu

979.847.7311

WRITING CENTER

The University Writing Center helps Aggies improve their writing and public speaking skills. The Writing Center offers a variety of appointment types, including in-person and virtually, which allow students to work with one of our trained peer consultants at any stage of the writing process or in preparing oral presentations.

writingcenter.tamu.edu

979.458.1455

Family Expectations Worksheet

You and your student are about to embark on an exciting journey! Along the way there could be several potential challenges during their adjustment to life in Aggieland. There are many items to discuss and to-dos to take care of before your student leaves. This worksheet serves as a starting point for you and your student to set expectations as you prepare for their first semester at Texas A&M. A sharpie works best when writing on this paper. You can also download a printable copy at tx.ag/NSCWorksheet.

Communication

We plan to talk _____ (number of times) per _____.

We will communicate using the following methods:

It is important to discuss the following when we speak:

During an emergency we will communicate by:

The following is considered an emergency:

Transportation

The student will get around campus & Aggieland in the following ways:

- | | |
|--|-------------------------------------|
| ☐ Car | ☐ Walk |
| ☐ Car Sharing Service | ☐ Bus System |
| ☐ Bike | ☐ Other |
| ☐ Scooter | |

Access to Information

The student will provide the following access to family members:

- ☐ Bill Payment Suite
- ☐ Howdy Portal
- ☐ Medical information

Does your student have their important documents?

- ☐ Social Security Card
- ☐ Insurance Documents
- ☐ Banking information

Visits

The student should plan to come home at the following times:

The family should visit during the following times:

Money & Budgeting

We agree that the student will get money in the following ways:

☐ Job ☐ Monthly Allowance (amount: \$____) ☐ Financial Aid

And spend it in the following ways:

☐ Meal Plan/Groceries ☐ Spending Money ☐ Rent ☐ Bills
Other: _____

Limitations for spending money are:

We will handle financial emergencies in the following ways:

A financial emergency could include:

Other Things to Consider

Does your student know how to:

- ☐ Grocery shop/meal plan
- ☐ Cook simple meals
- ☐ Maintain a budget
- ☐ Do laundry
- ☐ Make appointments

Have you talked to your student about utilizing medical services and health insurance?

How will your student stay safe on campus?

Aggie Family Advice: Dealing with the Unexpected

As parents and family members of current college students, we know there are times in which your student may have to navigate an unexpected circumstance. Whether your student is not excelling the way they hoped or their car breaks down, we came up with some pieces of advice for how your family can navigate the unexpected alongside your student.

- Before their first day of class, discuss and define your student's definition of a crisis versus your definition of a crisis. Reiterate how you know they are capable of handling a crisis, but they may be faced with challenges they have not dealt with before and you are there to help.
- Set expectations for what your student will communicate with you and ask for there to be no surprises. Some families have found success in setting aside time every week or month to talk about logistical items (such as grades, bills, routine items, etc.).
- Recognize that every student is different and therefore your support will be different. Every semester and year may look different for your student so throughout their time in college, check in to see what support they need and revisit this worksheet as needed.

Aggie Family Checklists

These checklists were created by the Aggie Parent and Family Advisory Council as recommendations of items to complete as a Texas A&M University family member of an incoming student before the start of your student's first semester.

Health & Safety

- ☐ **Download the Code Maroon Mobile App.** The app has several safety tools, allowing family members to get Code Maroon notifications. For more information about Code Maroon emergency texts, emails, and computer alerts, visit codemaroon.tamu.edu.
- ☐ **Ensure your student lists you as their emergency contact in the Howdy Portal.** University officials can access this information in case of an emergency.
- ☐ **Prepare a basic first aid kit to send off with your student.** Consider packing items such as a thermometer, antibiotic cream, band aids, gauze, over-the-counter medications, alcohol wipes, gloves, etc.
- ☐ **Remind your student that the campus emergency phone numbers are linked to the QR code on the back of their Aggie Card.**
- ☐ **Send a dependent copy of your health insurance plan card and pharmacy card (if applicable) with your student.** Consider providing your student with a list of medical providers that your insurance covers in the event of an emergency. Additionally, ensure your student knows their general physician's name and contact information for medical history forms.

Finances

- ☐ **Discuss personal finances and expectations with your student.** (See Left)
- ☐ **Discuss bill payment access.** Students can grant family members access to the Bill Payment Suite at billpay.tamu.edu. This will allow access to view billing history and make payments.
- ☐ **Make sure your student has set up their direct deposit information.** This is the only way to receive refunds from the university. More information can be found at tx.ag/AOSDeposit.
- ☐ **Discuss Scholarship and/or Financial Aid requirements and expectations with your student.** Many scholarships and grants require your student to be enrolled as a full-time student (12 credit hours).

Logistics

- ☐ **Confirm your student's housing accommodations for the year.** If your student is living on-campus, refer to reslife.tamu.edu. If your student is living off-campus, refer to studentlife.tamu.edu/program-areas. Confirm the move-in date and try to have the necessary supplies before move-in day as stores tend to be busy in Aggieland during move-in weekend.
- ☐ **Discuss transportation options for your student for the year.** Whether they plan to purchase a parking permit, take the Aggie Spirit bus, or bike around campus, Texas A&M University is a large campus. It is important for your student to have a plan for getting around campus. Refer to transport.tamu.edu for additional information.
- ☐ **Even if your student will live off-campus, decide if they will purchase a meal plan or make their own food.** Learn more about on-campus dining plans at dining.tamu.edu.

ADDITIONAL FAMILY TASKS

- **Save the Date for Family Weekend 2026 (April 10th-12th).** Families are encouraged to make overnight accommodations early for Family Weekend as hotels fill up quickly. Find more information at: familyweekend.tamu.edu
- **Purchase your official Aggie Family Gear.** There are a number of shops in Aggieland that offer Aggie gear, including Barnes & Noble, The Warehouse, and Aggieland Outfitters.
- Finish setting up your **Texas A&M Parent and Family portal** account at tx.ag/familyportal.





Consejo Asesor de Padres y Familias Aggie

Fin de semana familiar

Celebrado cada primavera
en Texas A&M desde 1919

Un fin de semana dedicado
a todos los miembros de la
familia Aggie.

Abril 10-12, 2026

familyweekend.tamu.edu



A group of five young men are standing in a row on a grassy area next to a pond. From left to right: the first man is wearing a grey t-shirt and blue jeans, giving a thumbs up; the second man is wearing a black baseball cap, a beige t-shirt, and grey cargo pants, also giving a thumbs up; the third man is wearing a blue blazer over a pink shirt and dark pants, giving a thumbs up; the fourth man is wearing a blue t-shirt with 'TEXAS A&M' printed on it and blue jeans, giving a thumbs up; and the fifth man is wearing a purple t-shirt with 'TEXAS' printed on it and blue jeans, giving a thumbs up. The background features a calm pond, some rocks, and greenery.

La experiencia de un estudiante transferido

El período de ajuste: Diferente al de un estudiante de primer año , pero todavía el mismo

- Es normal que un estudiante transferido experimente una baja temporal en su promedio general (GPA) durante el primer semestre en su nueva institución (Hills, 1965).



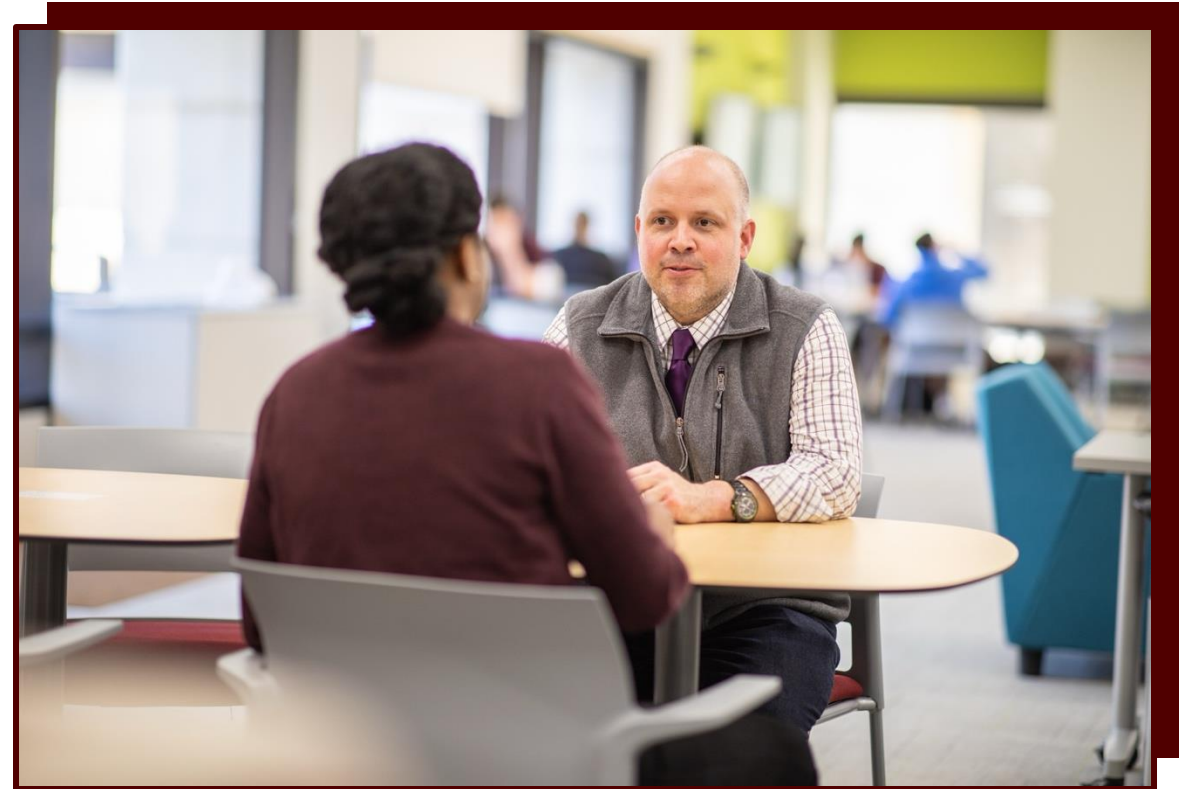
Involucrate en el campus

1. Anime a su estudiante a involucrarse en una organización estudiantil
2. Encuentre un trabajo dentro del campus)
3. Busque oportunidades para investigación de pregrado (launch.tamu.edu/undergraduate-research)



Establezca conexiones con el personal

1. Visita la oficina del profesor en su horario.
2. Haz preguntas después de clase.
3. Mantén la atención durante la clase.
4. Envía un correo electrónico al profesor o programa una cita para hablar sobre una tarea o proyecto de clase.



Utilice los recursos del campus con frecuencia y desde el principio

1. Centro de éxito académico
2. Centro de escritura
3. Facilidades de RecSports

...¡Y muchas más ! Aprende más en las mesas de recursos hoy en la tarde en el primer piso del centro conmemorativo estudiantil (MSC – por sus siglas en inglés)



Programa de estudiantes transferidos(TSP – por sus siglas en inglés)

- Recursos y servicios proporcionados por TSP
 - Mentores
 - Coaching académico entre pares
 - Talleres dirigidos por pares
 - Eventos y programas específicos de transferencia



A person with light brown hair in a bun, wearing a tan canvas backpack and a red, white, and blue plaid shirt, is seen from behind. They are standing on a dirt path in a lush green valley, looking towards a range of steep, rocky mountains with patches of snow under a cloudy sky. The backpack has a black coffee cup in a side pocket.

Navegando por nuevos terrenos

Próximos pasos para la experiencia del NSC

• Resto del día 1

- Almuerzo (las familias estarán en Sbisa, los estudiantes tendrán una ubicación alternativa)
- ¡Las sesiones de la tarde empezarán a las 12:30 p.m. con las mesas de recursos y las sesiones en grupo – usted asistirá a las sesiones de grupo con su estudiante!
- Guía familiar para un Aggieland seguro (2:35 p.m)
- El cierre del día 1 – Bienvenida de Asuntos académicos y resumen del académicos 1. Las sesiones terminarán a las 4:30 p.m.
- Sesiones opcionales – Tours del campus, Tours de residencias universitarias, Ayuda financiera y becas.

• Información del día 2

- Empieza a las 8:30 a.m. en el programa académico de su estudiante.
- El almuerzo será en cualquier local comercial abierto – mire en tx.ag/NSCDining para locales abiertos.

Gracias & Gig 'em!

Contáctenos



471 Houston St.



979.845.5826



979.256.1311



familyprograms@tamu.edu



familyprograms.tamu.edu

Síguenos



/AggieParentsAndFamily



@nsfptamu



@NSFP TAMU